



Murugesu

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Arrear Examination – May 2024
I Semester

Class: ~~1993~~ 2023 Batch
Major: Physical Education J. B.Sc.

Time: 3 Hours
Max. Marks: 100

23BPEC01 History and Foundation of Physical Education

Course Outcome

1. Summarize the foundations of PE including the Historical and Philosophical aspects of the profession.
2. Describe perspectives of physical education issues and legislation in the society.
3. Resourceful person in various sports activities and Explore various career possibilities in the profession
4. Develop an inquiring mind which tries to see the environment, examine the own ability and stimulate curiosity.
5. Create Psychological and Sociological aspects of the profession

Part A

Choose the Correct Answer

10 x1 = 10

1. Which Mughal emperor was associated with the game of 'Polo'? CO1K2
a. Babar b. Aurangzeb
c. Jahangir d. Akbar
2. Which games were held in the honor of God Apollo? CO2K2
a. Nemean Games b. Isthmian Games
c. Pythian Games d. Asian Games
3. Sports Authority of India was formed in the year? CO2K3
a. 1983 b. 1984
c. 1985 d. 1986
4. The principles of physical training were first prescribed by CO2K3
a. Galen b. Plato
c. Rousseau d. Aristotle
5. Gambling was popular sport in CO1 K2
a. Kanishka period b. Ramayana
c. Mahabharata d. Rajput period
6. When was the YMCA (Chennai) college of physical education formed? CO1 K1
a. 1914 b. 1896
c. 1920 d. 1924
7. Olympic rings indicate CO1 K1
a. Five continents b. Five countries
c. Five States d. Five Statues
8. Women had separate competitions in games during the Olympics which were held at Olympian in the honor of CO1 K1
a. God Zeus b. Goddess Hera
c. God Apollo d. Aristotile
9. Where will the Olympic games will be held in the year 2024? CO3 K1
a. Qatar b. London
c. Paris d. Tokyo
10. Basketball began with its invention in CO2 K1
a. 1891 b. 1981
c. 1920 d. 1952

Part B

Answer all questions

Each Answer the following in 400 words or two pages 5x6=30

- 11.a. Define Physical Education and write its objectives
(or) CO3 K1
- 11.b. What are the misconceptions about physical education CO4 K2
12. a. Write short notes on Vedic Period (2500BC – 600BC)
(or) CO2 K1
- 12.b. Describe YMCA and its contribution CO2 K2
- 13 a. Discuss the modern Olympic Games.
(or) CO3 K1
- 13.b. List the Cultural Values of Olympic movement CO2 K1
- 14 a. Brief – Idealism and Naturalism
(or) CO4 K2
- 14.b. Differentiate Growth and Development CO2 K1
15. a. Explain stage of growth and development
(or) CO1 K1
- 15.b. Describe Sheldon's classification CO2 K1

Part C

Answer all questions

Each Answer the following in 800 words or in 4 pages 5 x 12 = 60

- 16.a. Enumerate the importance of Physical Education in present era
(or) CO2 K1
- 16.b. Explain the relationship between physical education and general education in detail CO2K1
- 17.a. How was Physical Education developed in India after Independence explain?
(or) CO2K3
- 17.b. Discuss the role of IOC (International Olympic committee) CO2K1
- 18 a. Elaborate the Philosophical Foundation
(or) CO3 K1
- 18.b. Describe the role of sports in promotion of fitness CO2K1
19. a. Explain about the Sociological Foundations
(or) CO2K4
- 19.b. Explain the Types of Leadership CO3K4
- 20.a. List and explain the National awards for Sports persons
(or) CO2K4
- 20.b. Explain Sports Talent Search Scholarship CO2K2