



**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)  
Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

**Bachelor of Physical Education Degree Examination – June 2021**  
**IV Semester**

**Class: II B.P.Ed**

**Time : 3 Hours**  
**Max. Marks : 100**

**18BPDC27 Theories of Sports and Games**

**Part A**  
**Choose the Correct Answer**

**10 x 1 = 10**

- The formula for calculating full stagger distance for standard track  
a.  $W(N-1) 2\pi$       b.  $W(N-1)-10 \times 2\pi$       c.  $W(N-1)-10+2\pi$       d.  $W(N-1) \pi$
- Who secured silver medal in badminton at Olympic Games?  
a. Saina nehwal      b. P Gopi chand      c. Prakash padukone      d. PV Sindhu
- In basketball game a substitute player can report \_\_\_\_\_ before entering into court.  
a. To umpire      b. To referee      c. To scorer      d. To coach
- Dimension of ball badminton court is  
a. 24.38m x 12m      b. 24.38m x 12.19 m      c. 20m x 12m      d. 20m x 12.19m
- What is the length of the hockey stick for men?  
a. 37inches      b. 47inches      c. 48inches      d. 38inches
- The length of the handball court is  
a. 40meters      b. 30 meters      c. 20 meters      d. 50 meters
- Duration of women kho-kho game  
a. 9-5-9-9-5-9 min      b. 7-2-7-7-2-7 min      c. 9-2-9-9-2-9 min      d. 8-5-8-8-5-8 min
- Height of the volleyball net for men at centre  
a. 2.20m      b. 2.43m      c. 2.50m      d. 2.42m
- Width of the all lines in the football field  
a. 12 cm      b. 7 cm      c. 5 cm      d. 10 cm
- Breadth of the singles tennis court  
a. 27feet      b. 38feet      c. 37feet      d. 28feet

**Part B**

**5 x 6 = 30**

**Answer ALL questions**

**Each answer should not exceed 400 words or two pages**

- 11.a. Draw a neat diagram of Badminton court with necessary measurements.  
(or)
- 11.b. Mention the difference between standard track and non-standard track.
- 12.a. Explain the history and development of cricket in India.  
(or)
- 12.b. Draw a neat diagram of Ball Badminton court with necessary measurements.
- 13.a. List down the fundamental skills in handball and explain any four.  
(or)
- 13.b. Describe the officiating mechanism in tennikoit.
- 14.a. Explain in detail about the importance of warming up in sports and games.  
(or)
- 14.b. Draw a neat diagram of kabaddi men court with all the measurements.
- 15.a. List down the various skills in throw ball and explain any four  
(or)
- 15.b. How many umpires in tennis? Explain their duties.

**Part C**

**5 x 12 = 60**

**Answer ALL questions**

**Each answer should not exceed 800 words or four pages**

- 16.a. Draw a neat diagram of standard track and computation of CDR, RDR and Stagger distance for 400m.  
(or)
- 16.b. List down the various name of officials in javelin throw and their duties.
- 17.a. Draw a neat diagram of Basketball court with necessary measurements.  
(or)
- 17.b. List down the various outs in cricket and explain.
- 18.a. Mention name of fundamental skills in the game of hockey and explain.  
(or)
- 18.b. Explain the rules and regulations in handball.
- 19.a. Explain the history and development of kho-kho.  
(or)
- 19.b. Draw a neat diagram of volleyball court with all the measurements.
- 20.a. Discuss the rules and interpretations of tennis game.  
(or)
- 20.b. Explain the various laws in football.

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