



*Sambal*

**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)  
Re-accredited with A++ Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

**Continuous Internal Assessment – II October 2024**

**Class : II Bsc**  
**Time : 2 hours**

**Major: Physical Education**  
**Max.marks :60**

**23BPEC10 - Health Education**

**Course Outcomes:**

- CO 1: Identify and Understand Health and Health Education  
CO 2: Apply the preventive and precautions measures  
CO 3: Evaluate the health status of peers, family and community  
CO 4: Create awareness about health and hygiene  
CO 5: Analyzing the Health Status to preserve the community

**Part A**

**6 x 1 = 6**

**Choose the Correct Answer**

1. Water is a \_\_\_\_\_ disease. CO1 K1  
(a) Contact (b) Indirect contact (c) Direct contact (d) Infectant
2. If any student suffering from any disease that student should \_\_\_\_\_ in schools. CO2 K1  
(a) Isolate (b) Vaccinate (c) Disinfectant (d) Sanitate
3. \_\_\_\_\_ are not caused by infectious agents CO3 K2  
(a) Communicable (b) Non communicable (c) Inflammatory (d) All the above CO2 K3
4. Which one of the below is a Non communicable disease?  
(a) Mumps (b) Measles (c) Diabetes (d) Typhoid
5. Deficiency of nutrients is \_\_\_\_\_ CO3 K3  
(a) Malnutrition (b) Undernutrition (c) Overnutrition (d) Micronutrition
6. The substances that lower the quality of food, when added to it, are called \_\_\_\_\_ CO2 K3  
a. Adulteration b. Food Adulteration c. Adulterants d. Adulterated food

**Part B**

**3 x 6 = 18**

**Answer ALL questions**

**Each answer should not exceed 400 words or two pages**

- 7.a. What are the causes of infection and infectious disease . CO3 K3  
(or)
- 7.b. What are all the measures to be adopted by the school authority. CO1 K3
- 8.a. Write about the national immunization schedule CO2 K3  
(or)
- 8.b. Differentiate communicable and non communicable diseases? CO3 K4
- 9.a. Write the symptoms and causes of malnutrition. CO4 K3  
(or)
- 9.b. Write about Food adulteration and reasons for Food adulteration CO1 K2

**Part C**

**3 x 12 = 36**

**Answer ALL questions**

**Each answer should not exceed 800 words or four pages**

- 10.a. Explain about the diseases caused by derangement of the digestive system CO1 K1  
(or)
- 10.b. Enumerate about the chicken pox and Whooping cough CO1 K2
- 11.a. Enumerate about the malaria and typhoid. CO3 K2  
(or)
- 11.b. Explain about the immunity boosters for infants. CO4 K3
- 12.a. Enumerate the diagnosis and treatment of malnutrition. CO2 K4  
(or)
- 12.b. Explain the methods, effects and prevention of Food adulteration. CO2 K3

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**Name of the Staff Incharge: Dr.S.Akilandeswari**

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