



Mavin

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, category A by MHRD)

Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test I – February 2022

Class: III B.Sc
Major: Bachelor of Physical Education

Time: 2 Hrs.
Max Marks: 60

18BPEC30 – Theory of Games and Sports – VI (Volleyball & Softball)

PART – A

Circle the Correct Answer

6 x 1 = 6

CO1K2

1. The game of volleyball invented by

a. William G Morgan b. James A. Naismith c. Johnson d. William skartstrum

2. The game will be played to _____.

CO1K1

a. 15 points b. 25 points c. 24 points d. 14 points

3. What type of scoring system is followed in volleyball game

CO2K2

a. Goals b. Distance time c. Rally d. point system

4. Weight of the Volleyball

CO1K1

a. 180-200gm b. 175-200gm c. 185-195gm d. 160-195gm

5. The action of sending the ball over the net to the opponent's court _____

CO1K1

a. Spiking b. Setting c. Digging d. Blocking

6. The game of Volleyball I was invented in the year

CO1K1

a. 1895 b. 1897 c. 1898 d. 1888

PART – B

Answer should not exceed 400 words or One Page

3X 6 = 18

7.a What is the objectives of Volleyball game

CO1K2

Or

7 b Abbreviate the FIVB, VFI & TNSVA

CO1K2

8 a Explain the any 2 tactics in Volleyball

CO1K2

Or

8 b Explain any one specific conditioning drill

CO2K2

9 a Write the volleyball specifications

CO2K3

Or

9 b Write the volleyball net specifications

CO2K3

PART – D

Answer should not exceed 800 words or four pages

3X12= 36

10 a History and Origin of Volleyball

CO2K3

Or

10 b Explain the fundamental skills in Volleyball

CO1K2

11a Draw a neat diagram of Volleyball court and with its specifications

CO2K3

Or

11.b Explain the various volleyball Equipment specification

CO2K3

12.a Explain the various offensive skills in volleyball

CO2K3

Or

12b Explain the various Defensive skills in volleyball

CO2K3