

**Avinashiligam Institute for Home Science and Higher Education for Women, Coimbatore –  
641 043**

Continuous Internal Assessment Test I – December 2020

Class : III BSc Physical Education

Major : Physical Education

Max Marks: 30

***18BPEC19 – Adapted Physical Education***

***Course Outcomes***

***CO1:*** Relate a variety of factors to growth and motor development of individuals.

***CO2:*** Demonstrate motor patterns, fundamental motor skills, sport specific skills and physical activity patterns of children and adolescents with special needs.

***CO3:*** Recognize the perceptual-motor behaviour and developmental levels of the individual

***CO4:*** Obtain knowledge about ability levels of persons with disabilities and gifted and talented individuals.

***CO5:*** Providing appropriate curricula/programming for participants in adapted physical education settings.

**Part – A**

**Answer all the questions**

**6X 1 = 6**

1. A device that assists students to "talk" simply by pointing or pressing a button is a(n) CO2 K1
  - a) Communication board
  - b) Orthosis
  - c) Tach-mate
  - d) Prosthesis
  
2. Most students with physical and health impairments spend the majority of their school day in CO1 K2
  - a) A special class
  - b) Special adaptive therapy classes
  - c) A general education class
  - d) Related service sessions
  
3. Which of the following are indicators of students with physical and health impairments? CO3 K4
  - a) Excessive absences
  - b) The need to modify the physical environment to allow mobility
  - c) Adaptations of instructional materials or activities are required
  - d) Any or all of the above
  
4. Which area is important to include in gathering assessment data for students with physical and health impairments? CO2 K4
  - a) Social
  - b) Self-help
  - c) Communication
  - d) All of the above
  
5. When a person receives a head injury, the first interventions will be CO5 K3
  - a) Educational
  - b) Medical
  - c) Mental health
  - d) None of the above
  
6. To assist students with poor coordination or muscle control to complete instructional activities CO4 K4
  - a) Tape the student's paper to the desk
  - b) Attach one end of a string to a pencil and the other end to the desk

- c) Allow students to answer questions orally
- d) All of the above

**Part – B**

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|--|---|-------------------|
| <b>Answer any two questions and it should not exceed 400 words</b> |   | <b>2 X 6 = 12</b> |
| <b>7.</b>  | List down the co-curricular activities for disabled         | CO1 K2            |
| <b>8.</b>  | Define Creative development and Culture development program | CO3 K1            |
| <b>9.</b>  | What is Adventure based outdoor program?                    | CO4 K4            |
| <b>10.</b>   | Explain - why activity for disabled is important?           | CO2 K3            |

**Part – C**

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|--|--|--------------------|
| <b>Answer any one and it should not exceed 800 words</b> |  | <b>1 X 12 = 12</b> |
| <b>11</b>  | Explain Aquatic activity for disabled.   | <b>CO1 K4</b>      |
| <b>12</b>  | Explain the importance of adapted program in Rehabilitation and Types of Rehabilitation. | <b>CO3 K2</b>      |