

**Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University) Coimbatore – 641 043**

Bachelor of Physical Education Degree Examination – November 2018

I Semester

Class : I B.P.Ed.

Time: 3 Hrs

Max. Marks: 100

**18BPPDE1B Discipline Specific Elective (DSE) – I : Health Education and
Environmental Studies (Physical Education)**

Part – A

10 X 1 = 10

Choose the correct answer

1. White revolution is associated with
 - a. Sericulture
 - b. Milk
 - c. Pisciculture
 - d. Agriculture
2. The gas get from cowpony is called
 - a. Oxygen
 - b. Bio-gas
 - c. Gas
 - d. Electron
3. The world forest day is celebrated on
 - a. 21st January
 - b. 21st February
 - c. 21st March
 - d. 21st April
4. Archimedes related to
 - a. floating body
 - b. mass
 - c. weight
 - d. length
5. The disease caused due to inadequate nutrition
 - a. Kuashorikid
 - b. Structure of the body
 - c. Health
 - d. Water
6. Emotional Intelligence related to
 - a. function of the body
 - b. emotional fitness
 - c. structure of the body
 - d. health
7. Mental health related to
 - a. physical development
 - b. behaviour
 - c. function of the body
 - d. fitness
8. Physical health related to
 - a. knowledge
 - b. yoga
 - c. absence of diseases
 - d. behaviour
9. Deficiency of iron results in
 - a. Anemia
 - b. Survey
 - c. Night blindness
 - d. BP
10. Excess intake of vitamin 'A' leads to
 - a. Neck pain
 - b. Night blindness
 - c. Heart Attack
 - d. BP

Part – B

5 X 6 = 30

Answer the following questions

Answer should not exceed 400 words or two pages

11. a. Write about aim and scope of health education.
11. b. Write determinants of health.
(or)
12. a. Explain school health services.
(or)
12. b. What do you mean by health record.
13. a. Why Environmental Hygiene is to be stressed in schools.
(or)
13. b. Define health education and explain the importance.
14. a. Describe the need for emergency care.
(or)
14. b. Write about the school health services.
(or)
15. a. Write on global warming.
(or)
15. b. Write about air population.

Part – C

5 X 12 = 60

Answer the following questions

Answer should not exceed 800 words or four pages

16. a. Evaluate the public health across the global level.
(or)
16. b. Explain aims and objectives of health education.
17. a. Explain first aid.
(or)
17. b. Explain the needs and importance of school health program.
18. a. Describe environmental sanitation in India.
(or)
18. b. Enumerate on health education and environmental sciences.
19. a. Explain the scope, need and importance of environmental sciences.
(or)
19. b. Explain the water, food and land resources.
20. a. Explain the contemporary health problems among youth.
(or)
20. b. Explain the plastic recycling and its importants.
