



M. M. Vijayalakshmi

**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)  
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India  
**Continuous Internal Assessment Test I - August 2024**  
**SEMESTER-I**

Class : I B.Ed.

Max. Marks: 60  
Time: 2 Hrs

**23BEDL1C Discipline Specific Elective(DSE) -I Guidance and Counselling**

**Course Outcomes**

- CO1** know the theoretical principle and practical processes in guidance and counselling  
**CO2** develop competency to meet the needs of the pupils of high and higher secondary classes with regard to educational, personal and vocational guidance  
**CO3** organize the guidance and counselling services in secondary schools  
**CO4** conduct the guidance and counselling programs  
**CO5** prepare the students as guidance and counselling professionals

**PART - A**

**Choose the correct answer**

6 x 1 = 6

CO1K1

1. A key principle of guidance is  
a. Standardisation  
b. Confidentiality  
c. Competition  
d. Uniformity
2. Vocational guidance helps individuals by  
a. Providing medical treatments  
b. Teaching religious studies  
c. Offering career information and counselling  
d. Conducting physical training
3. Non-directive counselling emphasizes  
a. The counsellor directing the conversation  
b. The counsellor giving direct advice  
c. The counsellor providing clear guidance and solutions  
d. The client exploring their own feelings and solutions
4. Counselling for adjustment focuses on  
a. Enhancing physical fitness  
b. Helping individuals adapt to life changes and challenges  
c. Teaching academic subjects  
d. Providing financial advice
5. Rehabilitation workers in schools help students by  
a. Providing career counselling  
b. Conducting sports events  
c. Assisting with the integration of students with disabilities  
d. Organizing extracurricular activities
6. A challenge teachers might face in their role as guidance workers is  
a. Lack of subject knowledge  
b. Inability to manage classrooms  
c. Lack of interest in student development  
d. Balancing teaching responsibilities with providing guidance

**PART - B**

**Answer ALL questions**

**Each answer should not exceed 200 words**

3 x 6 = 18

7. a. Point out the need for guidance in modern education systems.  
(OR)  
b. Trace the historical development of the guidance movement in India.
8. a. Compile the essential qualities of an effective counsellor.  
(OR)  
b. Evaluate the various techniques used in counselling interviews.
9. a. Discuss the role of a social worker in the school setting.  
(OR)  
b. Discuss the role of a rehabilitation worker in the school setting.

**PART - C**

**Answer ALL questions**

**Answer should not exceed 800 words**

3 x 12 = 36

10. a. Examine the role of personal guidance in addressing emotional and psychological issues among students.  
(OR)  
b. Identify and explain the key components of a comprehensive career guidance program.
11. a. Define counselling. Explain the kinds of counselling with examples.  
(OR)  
b. Outline the steps involved in the counselling process.
12. a. Assess the role of school counsellors in educational settings.  
(OR)  
b. Assess the importance of teachers serving as guidance workers.

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