



Murugesu

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)

Re-accredited with A+ Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test II-April 2024

SEMESTER IV

Class: II Bsc

Major: Physical Education

Max Marks: 60

Duration: 2 hours

21BPEC13 Movement Education and Primary Physical Education

Course Outcomes:

1. Apply basic anatomical relationships to the felt sense of the body, including the expressiveness inherent in movement.
2. Develop skills in presenting, both in writing and in speaking, topics from the discipline of Movement Studies.
3. Gain proficiency in skills specific to the efficient movement.
4. demonstrate understanding that physical activity can affect body composition and help maintain a healthy body
5. Provides children with opportunities to improve fitness and be active for societal trends

Part -A

Answer all the questions

1x6=12

1. Which of the following commission first decentralized the primary education CO3K1
(a) Hunter Commission (b) Mudaliar Commission
(c) Korthari Commission (d) Sadler Commission
2. Primary education helps CO1K2
(a) Socialization of child (b) Democratization of child
(c) In course understanding (d) All of the above
3. Who is regarded as the first teacher of a child CO3K3
(a) Headmaster (b) Class - teacher (c) Mother (d) Tutor
4. Which one of the following is an example of a fine motor skill CO2K2
(a) Climbing (b) Hopping (c) Running (d) Writing
5. which of the following is a water sport CO1K3
(a) River rafting (b) Skate boarding (c) Trekking (d) Sky - diving
6. The period of early childhood is CO1K4
(a) From 3 to 6 years (b) From 11 to 12 years
(c) From 7 to 10 years (d) From 1 to 11 years

Part B

Each answer should not exceed 400 words or two pages

3x6=18

- 7 (a). Write the difference between direct method teaching and indirect method teaching? CO3K2
(Or)
- 7 (b). State the physical characteristics Promoting participation and activities CO2K3
(Or)
- 8 (a). Write down the scope of Physical Education Teachers CO2K4
(Or)
- 8 (b). Describe the short notes on Early Childhood care and Education CO3K1
- 9 (a). Explain: Why activities are good for Physical development of Primary Scholars CO3K2
(Or)
- 9 (b). what are characteristics of a school-age child and how to develop CO5K1

Part C

Each answer should not exceed 800 words or two pages

3x12=36

- 10(a). Write a short a note and list of equipments used in the following adventure sports CO2K3
(a) Rock climbing (b) Trekking
(c) Mountaineering (d) River rafting
(Or)
- 10 (b) Define Primary Physical Education, Aims and objectives of PE CO2K2
- 11 (a). Describe the role of the teacher in the direct method and give examples ? CO3K2
(Or)
- 11 (b). List out the outdoor adventure activities and explain any three activities for Women CO4K3
- 12 (a). describe the Skills and training for Gymnastics CO4K3
(Or)
- 12 (b). Write your Experience in the Online teaching and learning during COVID-19 CO2K3