



Neeraj

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – May 2024
IV Semester

Class : II UG
Branch: Physical Education.

Time: 3 hours
Max. Marks: 100

21BPEC13 Movement Education And Primary Education

Course Outcomes:

1. Apply basic anatomical relationship to the felt sense of the body including the expressiveness inherent in movement
2. Develop skills in presenting both in writing and in speaking topics from the discipline of studies
3. Gain proficiency in skill specific to the efficient movement
4. Demonstrate understanding that physical activity can affect body composition and help maintain a healthy body
5. Provides children with opportunities to improve fitness and be active for societal for trends

Part-A

(10 x 1 = 10)

Choose the correct answer

1. Movement framework is the basis for the planning of all movement experiences in _____ physical education. CO1 K1
a) Middle school b) Cedar school c) Secondary school d) High school
2. Which of the following is a manipulative skill? CO1 K1
a) Throwing b) Kicking c) Catching d) All the above
3. Which of the following is a non-locomotor skill? CO2 K2
a) Bending, pushing b) Walking, leaping
c) Throwing, kicking d) All the above
4. Which of the following is not in dance avenue CO2 K2
a) Galloping b) Leaping c) Skipping d) Striking
5. Which of the following is not in locomotor movement? CO3 K3
a) Running b) sliding c) a & b d) lifting
6. Which of the following equipment is used to find out body fat CO3 K3
a) Skin fold caliper b) Flexible metal tape
c) Weighing machine d) Spiro meter
7. What is the formula for BMI CO4 K4
a) Weight in kg/Height in CM b) Weight in Kg/Height in meters square
c) weight/Height d) weight in kg/Height in meters
8. Who created a structure for organizing human movement to guide teaching and learning in dance? CO4 K4
a) Rudolf laban b) Ralph tyler
c) Mosston d) George Elton Mayo
9. What components make up the content of gymnastic movements? CO4 K5
a) Loco motor b) Rotation
c) Balance d) All the above
10. Students are passive in CO5 K5
a) Project method b) Discover method
c) Lecture method d) Inquiry method

Part-B

Answer the following

(5×6=30)

Answer should not exceed 400 words or two pages.

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| 11. a) Review the aim and concept of movement education.
(or) | CO1 K2 |
| 11. b) Discuss the concept of fundamental movements | CO1 K2 |
| 12.a) How will you develop the body and spatial awareness.
(or) | CO2 K3 |
| 12.b) Demonstrate the direct and in direct method of movement education. | CO2 K3 |
| 13. a) Outline the aim and objective of primary physical education.
(or) | CO3 K4 |
| 13. b) Analyze the guidelines for good practice. | CO3 K4 |
| 14. a) Consider a short note on 'athletic and dance'.
(or) | CO4 K5 |
| 14.b) Summarize a short note on 'gymnastics and games'. | CO4 K5 |
| 15. a) Explain the direct teaching approach.
(or) | CO5 K6 |
| 15.b) Construct the importance of equipment. | CO5 K6 |

Part-C

Answer the following

5 X 12 = 60

Answer should not exceed 800 words or four pages.

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| 16. a) Identify the factors of movement education.
(or) | CO1 K2 |
| 16.b) Classify the locomotor and non- locomotor skills of children. | CO1 K2 |
| 17. a) Show the methods of teaching used in movement education.
(or) | CO2 K3 |
| 17.b) Describe the qualities of movement Education. | CO2 K3 |
| 18 a) Focus on the scope of primary education-Explain
(or) | CO3 K4 |
| 18.b) Point out the principles of primary education. | CO3 K4 |
| 19 a) Debate on the outdoor adventure activities.
(or) | CO4 K5 |
| 19.b) Assess the developmental understanding process | CO4 K5 |
| 20. a) Validate the variety of approaches.
(or) | CO5 K6 |
| 20.b) formulate the lesson plan process in physical education
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