



**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)  
Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test I      February 2020

Semester IV

**Class : II B.P.Ed**  
**Major/Branch : Physical Education**

**Time : 2 Hours**  
**Max. Marks: 60**

**18BPDC26 – OFFICIATING AND COACHING**

**Course Outcome:**

1. Understand the concept and mechanism of officiating and coaching.
2. Describe the duties of coaches and officials.
3. Identify and implement risk management strategies for the well-being of athletes, spectators and officials.
4. Analyze training requirements for different sporting populations
5. Apply the concept of coaching and officiating

**Part A**

**5 x 1 = 5**

**Choose the Correct Answer**

1. An activity of providing training for people or helping to prepare them for something is \_\_\_\_\_  
CO1 K1  
a. Officiating      b. Coaching      c. Teaching      d. Evaluating
2. Officiating is \_\_\_\_\_  
CO1 K2  
a. Art      b. science      c. Both a & b      d. None
3. An official should develop \_\_\_\_\_ among players.  
CO2 K2  
a. Sportmanship      b. Monitory benefit      c. Enemity      d. Unhealthy relation
4. Which one of the following is not an important role of an official to conduct competition?  
CO3 K3  
a. Playfield      b. Water facility      c. Score card      d. Equipments
5. A good coach should possess \_\_\_\_\_ qualification.  
CO3 K4  
a. Personal      b. Professional      c. Physical      d. All of the above

**Part B**  
**Answer all the questions**

**2 x 5 = 10**

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|--|--------|
| 6. Define Officiating.   | CO1 K1 |
| 7. Give the meaning for coaching.  | CO2 K2 |
| 8. What are the qualifications for coach?                                | CO2 K3 |
| 9. What are the duties of coach during competition?                      | CO3 K3 |
| 10. What are the responsibilities of an official before the competition? | CO3 K4 |

**Part C**  
**Answer all the questions**  
**Each answer should not exceed 400 words or two pages**

**3 x 5 = 15**

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| 11.a. Briefly explain about the concept of coaching            | ( or ) |
| 11.b. Briefly explain about the concept of Officiating         | CO2 K2 |
| 12.a. Write the definition and importance of Officiating       | ( or ) |
| 12.b. Write about the relation of officials to spectators      | CO3 K4 |
| 13.a. Explain the concept of coach as mentor in the playfield. | ( or ) |
| 13.b. Explain the concept philosophy of coaching               | CO4 K4 |

**Part D**  
**Answer all the questions**  
**Each answer should not exceed 800 words or four pages**

**2 x 15 = 30**

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| 14.a. Explain the importance of Coaching and relation of coach to players.               | ( or ) |
| 14.b. Explain the relation of an official to the organisation committee and with players | CO3 K3 |
| 15.a. Enumerate the measures of improving standards of Coaching                          | ( or ) |
| 15.b. Enumerate the measures of improving standards of Coaching                          | CO3 K4 |