



Mavinay

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12 B
Coimbatore-641 043, Tamil Nadu, India

Continuous Internal Assessment II April – 2022

Semester -IV

Class: II Bsc

Major: Physical Education

Max Marks: 60

Duration: 2hours

18BPEC15 Theory of Games and Sports-IV
(Track & Field, Badminton and Table Tennis)

Course Outcomes:

1. Equip the students with the fundamental skills and knowledge to design his/her own training program.
2. Aims to provide students with the basic sports science knowledge and skills of running, jumping and throwing
3. Appreciate track and field events by applying sports science knowledge to explain the execution of the events.
4. Obtaining knowledge of the basic techniques, rules and regulations of the various events.
5. Verbalise the rules and regulations of each event.

Part –A

Answer all the questions

1x6=12

1. Who gets the point when a let occurs on a serve? **CO1K1**
(a) The server (b) The defender (c) No one (d)Everybody
2. A foul in table tennis is **CO1K2**
(a) Touching the table (b) Cupping the ball while serving
(c) Touching the net (d) All of the above
3. In international competitions, Weight of Javelin Throw of female is? **CO1K3**
(a) 400 g (b) 800 g (c) 600 g (d) Non of the above
4. India is located in which side of Pakistan? **CO2K2**
(a) North (b) East (c) West (d) South
5. What is the length of badminton court for single competition ? **CO1K3**
(a) 16.2 meter (b) 13.40 meter (c) 14.63 meter (d) 13.80 meter
6. How many feathers should be in a shuttle ? **CO1K4**
(a) 12 (b) 26 (c) 16 (d) 20

Part B

Each answer should not exceed 400 words or two pages $3 \times 6 = 18$

7 (a). Write the rules for the conduct of the event javelin throw CO3K2

(Or)

7 (b). State the physical characteristics of the javelin throw CO2K3

(Or)

8 (a). list down the lead up activities for Badminton CO2K4

(Or)

8 (b). Draw a neat diagram Javelin sector with all specifications CO3K1

9 (a). Explain the history of Hammer throw CO3K2

(Or)

9 (b). Draw a neat diagram of Badminton court with specification CO5K1

Part C

Each answer should not exceed 800 words or two pages $3 \times 12 = 36$

10(a). Write the history, Origin, rules and development of the Table Tennis CO2K1

(Or)

10 (b). Draw a neat hammer sector with all specifications CO2K2

11 (a). Write about the history and rules of badminton in India CO3K2

(Or)

11 (b). Briefly explain the Olympic and World record in javelin throw for men CO4K3

(a). describe the conditioning and training for badminton and javelin throw CO4K3

(Or)

12(b). Enumerate the techniques and fouls of TT and lead up activities CO2K3