



*Alavindaraj*

**Avinashilingam Institute for Home Science and Higher Education for Women**

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)  
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

**Bachelor's Degree Examination – May 2024**  
**VI Semester**

**Class : III UG**  
**Major : Physical Education**

**Time : 3 Hours**  
**Max. Marks : 100**

**21BPEC30 Theory of games and Sports –IV ( Volleyball & Softball )**

**Course Outcomes:**

1. Students are able to apply personal skills (including serving, overhand passing, underhand passing, spiking and blocking) in modified games
2. Provide opportunities for students to make self and peer assessment to enhance collaborative learning.
3. Understanding of the teaching/coaching techniques
4. Expertise in teaching basic skill and advance skill in softball
5. Creates Opportunity to officiate in different tournaments.

**Part A**

**10 x 1 = 10**

**Choose the Correct Answer**

1. When was Volleyball invented  
a. 2004  
b. 1912  
c. 1895  
d. 1995  
CO1K1
2. When was Softball Created  
a. 1887  
b. 1883  
c. 1895  
d. 1995  
CO1K1
3. In Volleyball, points are referred as  
a. Goals  
b. Points  
c. Score  
d. Set  
CO2K2
4. How many players are there in the Volleyball?  
a. 12  
b. 10  
c. 21  
d. 9  
CO2K2
5. What are the names of the two Volleyball Referees?  
a. Forward Referees and Back Referee  
b. Up Referee and Down Referee  
c. Serve Referee and Volleyball Referee  
d. First Referee and Second Referee  
CO3K3
6. What is the minimum number of innings played in soft ball?  
a. 3  
b. 5  
c. 2  
d. 1  
CO3K3
7. What is the distance between the base?  
a. 40 feet  
b. 50 feet  
c. 60 feet  
d. 70 feet  
CO4K4
8. The FIVB was founded in.  
a. 1919  
b. 1947  
c. 1980  
d. 1976  
CO4K4
9. How Does the Referee Know if the ball is in or out of line?  
a. instant replays  
b. Line Judges  
c. Watching  
d. Mooving  
CO5K5
10. When a Pitcher pitching ball count, does the batter get a free base?  
a. 2  
b. 4  
c. 3  
d. 6  
CO5K5

**Part B**  
**Answer ALL questions**  
**Each answer should not exceed 400 words or two pages**

**5 x 6 = 30**

- |   |      |       |
|---|------|-------|
| 11.a. Explain the History of Volleyball.                                    |      |       |
| 11.b. Briefly explain the history of softball.                              | (or) | CO1K1 |
| 12.a. Explain the development of Volleyball.                                |      | CO1K2 |
| 12.b. Write note on scoring system in softball.                             | (or) | CO2K1 |
| 13.a. What is the rotational system in volleyball?                          |      | CO2K2 |
| 13.b. What is the difference between slow pitch and fast pitch in softball? | (or) | CO3K3 |
| 14.a. Write short note on libero in volleyball.                             |      | CO3K3 |
| 14.b. What are the duties of official in softball?                          | (or) | CO4K5 |
| 15.a. Mechanism of officiating Volleyball?                                  |      | CO4K5 |
| 15.b. Explain the players field positions in softball.                      | (or) | CO5K4 |
|   |      | CO5K4 |

**Part C**  
**Answer ALL questions**  
**Each answer should not exceed 800 words or four pages**

**5 x 12 = 60**

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|--|------|-------|
| 16.a. Describe any two rules in softball.                                      |      |       |
| 16.b. What are the Player equipment and dimensions of a softball.              | (or) | CO1K1 |
| 17.a. Describe the any two fundamental skills in Volley ball.                  |      | CO1K1 |
| 17.b. Explain the any two Fundamental skills in Softball.                      | (or) | CO2K2 |
| 18.a. What are the Duties and responsibilities of first referee in Volleyball? |      | CO2K2 |
| 18.b. Explain the tactics and conditioning in Softball.                        | (or) | CO3K3 |
| 19.a. Briefly Explain the tactics and specific conditioning in volleyball.     |      | CO3K3 |
| 19.b. Explain the system of officiating in softball.                           | (or) | CO4K4 |
| 20.a. Draw a neat diagram of volleyball count.                                 |      | CO4K4 |
| 20.b. Draw a neat diagram of softball diamond.                                 | (or) | CO5K5 |
|  |      | CO5K5 |

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