



**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)  
Re-accredited with 'A++' Grade by NAAC, Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India  
**Continuous Internal Assessment II- April 2024**  
**IV Semester**

Class : II BPEd  
Branch: Physical Education

Time : 2 Hrs.  
Max Marks: 60

**21BPDC26 – Officiating and Coaching**

**Course Outcomes:**

1. Understand the concept and mechanism of officiating and coaching.
2. Describe the duties of coaches and officials.
3. Identify and implement risk management strategies for the well-being of athletes, spectators and officials.
4. Analyze training requirements for different sporting populations
5. Apply the concept of coaching and officiating
- 6.

**PART – A**

**Choose the Correct Answer**

**6 x 1 = 6**

1. In a knockout tournament, if a Kabaddi match ends in a draw, which rule is applied to break its tie? CO2K1  
(i) Golden Chase (ii) Golden Raid (iii) Golden Goal (iv) Golden Catch
2. Conduct of game in officiating is \_\_\_\_\_ CO3K3  
(i) Nourish(ii) train (iii) motivate (iv) teach
3. Judgment and communication during conduction of a game are considered as essential qualities of CO3K1  
(i) Journalists (ii) Sports officials (iii) Spectators(iv) Grounds men
4. A good coach must have CO2K3  
(i) Good behavior(ii) knowledge of recent method of training (iii) Physical fitness (iv) all of these
5. The primary job of a coach is to provide CO4K3  
(i) Training to the athletes (ii) teaching to the spectators  
(iii) Commentating to the supporting staff (iv) managing the players and staff
6. NASO stands for CO3K3  
(i) National Academy of Sports Officials (ii) National Association of Sports Officials  
(iii) Nodal Association of Sports Officials (iv) None of the above

**PART – B**

**Answer all Questions**

**Each answer should not exceed 400 words or two pages**

**3 X 6 = 18**

7. a. Write short notes on the following (any two) CO4K3  
(a) Qualification of an official (b) Mechanics of officiating  
(c) General rules of sports (d) Integrity and values of Olympics.  
(or)
- 7.b. Write in brief the concepts of Officiating and Coaching. Why are these considered essential components of any sport? CO1K5
- 8.a. Write in brief the philosophy of Coaching. Explain the duties of a Track and Field Chief Coach in pre-, during- and post- game period. CO2K3  
(or)
8. narrate the responsibilities of a Coach on and off the field. CO5K2
- 9.a. Write a note on 'Psychology of competition' CO5K2  
(or)
- 9.b. What do you mean by ethics of officiating? Write down the importance of ethics for officiating. CO1K2

**PART – C**

**Answer all Questions**

**Each answer should not exceed 800 words or four pages**

**3X 12 = 36**

- 10.a. Explain the philosophy of Officiating. Describe five signals with diagrams of each of the following officials: Referee in Kabaddi, Referees in Volleyball CO2K3  
(Or)
- 10.b. List the during-game duties of Call-Room officials of Track and Field events. CO3K2
- 11.a. Explain the Mechanics of officiating position, singles and movement give a example in basketball & khokho CO3K3  
(Or)
11. b. Eligibility rules of inter collegiate and inter-university tournaments, CO3K3  
(Or)
- 12.a. Discuss about the inter-university tournaments and preparation of TA, DA bills, Integrity and values of sports. CO3K2  
(Or)
- 12.b. Elucidate Concepts of conditioning, warming up and its types, cool down CO4K5

**Staff in-charge: Mrs .V.PREETHI No. of Copies: 48**