



Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University under Category A by MHRD, Estd. u/s 3 of UGC Act 1956)

Re-accredited with A+ Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

Bachelor of Physical Education Degree Examination - November 2019
I Semester

Class: I B.P.Ed

Time: 3 Hours
Max Marks: 100

18BPDE1B Discipline Specific Elective (DSE)-I: Health Education and Environmental Studies

Part A

10 X 1 = 10

Choose the correct answer

1. Define health education is a part of
 - a. Education
 - b. Elementary Education
 - c. Physical Education
 - d. Integrated Education
2. Health instruction
 - a. knowledge
 - b. attitude
 - c. none of these
 - d. both a & b
3. Population explosive refers to the _____ and _____ rise in world population
 - a. growth and explosion
 - b. growth and development
 - c. rapid and dramatic
 - d. none of these
4. Health status means
 - a. health and illness
 - b. wellness and illness
 - c. weakness and illness
 - d. none of these
5. Health services consist of
 - a. medical professionals
 - b. organizations
 - c. both A & B
 - d. only A
6. Environmental hygiene means
 - a. hands cleaning
 - b. nail hygiene
 - c. effective cleaning of surface
 - d. none of these
7. Environment education means
 - a. engage in problem solving
 - b. individual develop
 - c. education
 - d. none
8. The resource that can be replaced by natural ecological cycle is called
 - a. Natural
 - b. renewable
 - c. non-renewable
 - d. exhaustible
9. The causes of water pollution include a wide range of _____ and _____ as well as parameters.
 - a. waste food and waste matter
 - b. chemical and inorganic
 - c. chemicals and pathogens
 - d. none of these
10. Identify the water resource
 - a. Non degradable
 - b. non - maintainable
 - c. degradable maintainable
 - d. non-renewable

Part B

5 X 6 = 30

Answer the following questions

Answer should not exceed 400 words or two pages

11. a. Write about aims and objectives of health education.
(or)
11. b. Explain health instruction in school.
12. a. Describe the explosive population in India.
(or)
12. b. Enumerate the emergency care.
13. a. Explain the school health services.
(or)
13. b. Write about the health record and appraisal.
14. a. Explain the need and importance of environment studies.
(or)
14. b. Define- plastic recycling and probation plastic bag .
15. a. Define – soil pollution and water pollution.
(or)
15. b. Define air pollution and explain how to control its.

Part C

5 X 12 = 60

Answer the following questions

Answer should not exceed 800 words or four pages

16. a. Explain the current health supervision in world.
(or)
16. b. Describe the aim and objective and principles of health.
17. a. Explain the any two communicable diseases with causes, symptoms and treatment for its.
(or)
17. b. Explain about first aid and emergency care.
18. a. Explain about environmental hygiene for school.
(or)
18. b. Explain the role of environmental conservation and sustainable development.
19. a. Explain the need and importance of environmental studies.
(or)
19. b. Explain about celebration of various days.
20. a. Enumerate the management of environmental and Govt. polices.
(or)
20. b. Explain the causes for global warming and its impacts.
