



## Avinashilingam Institute for Home Science and Higher Education for Women

Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD (now MoE)

Re-accredited with A++ Grade by NAAC. CGPA 3.65 /4, Category I by UGC

Coimbatore - 641 043, Tamil Nadu, India

Class : I BPEd  
Major : Physical Education

Max Marks: 60  
Duration : 2 Hours

### 23BPDE1A –DSE—I Olympic Movement

#### Course Outcomes

**CO1:** Know historical background of their adopted country's sports and cultural practices and find out how these have developed over time

**CO2:** Demonstrate understanding and affirmation of Olympics Ideals and logos

**CO3:** Know the different working organisations and federations of the various sports and games and gain knowledge about special olympics

**CO4:** explore the attitudes and values of the curriculum which correspond to the universal ethics of Olympism and critically analyse these attitudes and values.

**CO5:** Appraise, adapt, and use physical activities to ensure that specific social and cultural needs are met.

#### Part – A

Answer all the questions

6X 1 = 6

1. The International Olympic Committee is head quatered in CO3 K3
  - a. Athens
  - b. Lausanne
  - c. Rio de Janeiro
  - d. Barcelona
2. Who was the first Olympic winner? CO3 K3
  - a. Heracles
  - (b) Corobus
  - c. Zeus
  - d. Theodisus
3. The term 'Olympiad' denotes CO2 K5
  - a. 2 years
  - b. 4 years
  - c. 6 years
  - d. 8 years
4. Where were the first modern Olympic Games held? CO4 K2
  - a. Athens, Greece
  - b. Paris, France
  - c. London, England
  - d. Rome, Italy
5. In which of the following three years were the Olympic Games not held? CO4 K2
  - (a) 1912, 1936 and 1940
  - (b) 1936, 1940 and 1944
  - (c) 1916, 1936 and 1940
  - (d) 1916, 1940 and 1944
6. Statement I : International Olympic Committee's President is Kristy Caventry CO4 K5  
Statement II : The first African to hold the position who succeeded Thomas Bach
  - a. Both Statement I and Statement II are true.
  - b. Both Statement I and Statement II are false
  - c. Statement I is true, but Statement II is false
  - d. Statement I is false, but Statement II is true

#### Part – B

Answer all the questions and it should not exceed 400 words.

3X 6 = 18

7. a. Explain briefly the principles of Olympic movement. CO1 K2  
(or)  
b. Explain the philosophy of the Olympic movement. CO2 K3
8. a. What are the core values of the Olympic movement CO2K2  
(or) CO1 K3  
b. Write the short notes on modern Olympics
9. a. Explain the protocols of ancient Olympic ceremonies CO2 K1

(or)

CO4 K3

b. Tabulate the order of events of the ancient Olympics

**Part – C**

**Answer all the questions and it should not exceed 800 words**

**3 X12=36**

- 10** a. The Olympics Games have evolved significantly over the years, from their ancient roots to the modern-day spectacle. Discuss the key factors that have contributed to this evolution

CO1 K3

CO2 K1

(or)

b. Discuss the history and development of the Olympic Games from ancient times to the present day.

- 11** a. Analyse the impact of the Olympic Games on sports development and international relations.

CO3 K2

(or)

CO2 K3

- 12** b. What are the significance of Olympic ideals?

- a. Explain the elements of the Opening ceremony

CO3 K3

(or)

- b. Explain in detail about the infrastructure of the Olympic stadium

CO3 K2

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