



*Murugesu*

**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)  
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12 B  
Coimbatore-641 043, Tamil Nadu, India

**Bachelor's Degree Examination - May 2023**  
**VI Semester**

**Class: III UG/2019 Batch (Arrear)**  
**Major: Physical Education**

**Time : 3Hours**  
**Max. Marks: 100**

**18BPEC29 Traditional Games of India**

**Course Outcomes:**

1. Appreciate the Influence of Traditional Games in the Indian Culture
2. To give students an opportunity to explore and play Indian Traditional Games
3. To be able to work as a team and engage in fair play
4. Improves precision ability, and hence enhances concentration.
5. Improves aim and focus.

**Part A**  
**Choose the Correct Answer**

**10 x 1 = 10**

1. Who is called as father of wrestling in India? CO1K2  
a. Mahendran Charan Guha  
b. Jatindra Charan Guha  
c. Guha singh  
d. Harthik pandiya
2. Archery originated in ----- CO2K4  
a. Africa  
b. England  
c. Australia  
d. Kenya
3. Kho-Kho association name is ----- CO3K5  
a. IFKK  
b. KKFI  
c. IFK  
d. KFI
4. The game of Snakes & Ladders was created by the 13th-century poet saint ----- CO2K6  
a. Abhinavagupta  
b. Adalbert of Prague  
c. Madhavacharya  
d. Gyandev
5. Mallakhamb originated in ----- state. CO3K3  
a. Madhya Pradesh  
b. Tamilnadu  
c. Kerala  
d. Andra Pradesh
6. Pallankuzhi, a two-player game is one of the popular traditional games of India that was predominantly played in the ----- CO4K5  
a. North India  
b. South India  
c. West India  
d. East India
7. A part of the Pongal celebration in Tamil Nadu includes this sport ----- CO2K1  
a. cricket  
b. running  
c. Jallikattu  
d. skipping
8. Size of women kabaddi court is ----- CO2K4  
a. 11x7  
b. 11x9  
c. 12x8  
d. 10x8
9. ----- is a gymnasium or training space primarily associated with the martial art of Kalaripayattu. CO3K2  
a. Pallankuzhi  
b. Jallikattu  
c. Silambam  
d. Kalari
10. How many stages are there in silambam? CO3K2  
a. 14  
b. 16  
c. 15  
d. 12

**Part B****5 x 6 = 30****Answer ALL questions****Each Answer should not exceed 400 words or two pages**

- 11.a. Describe about marriage games. CO2 K2  
(or)
- 11.b. Explain the aims and objectives of traditional games. CO1 K1
- 12.a. Summarize the bearers of cultural institutions . CO3 K3  
(or)
- 12.b. Illustrate about read sources and writing sources. CO2 K2
- 13.a. Explain in detail about regional sports in Karnataka. CO2 K2  
(or)
- 13.b. Analyse about regional sports in Andra Pradesh. CO3 K3
- 14.a. Write short notes on kicking and pugilism in ancient India. CO4 K4  
(or)
- 14.b. Explain about wrestling and Its combination. CO3 K3
- 15.a. Write about Archery and Mace fighting. CO4 K4  
(or)
- 15.b. Write about online traditional games in India. CO4 K4

**Part C****5 x 12 = 60****Answer ALL questions****Each Answer should not exceed 800 words or four pages**

- 16.a. Elaborate the various types of traditional games in recreation. CO2 K3  
(or)
- 16.b. Explain the need, importance and scope of board games. CO3 K2
- 17.a. Summarize the factors influence of games in India. CO1 KI  
(or)
- 17.b. Illustrate details of Industrialization of Indian traditional games. CO3 K2
- 18.a. Describe the traditional games of Tamilnadu. CO2 K3  
(or)
- 18.b. Explain the traditional games of Kerala. CO2 K2
- 19.a. Describe about Arthashastra. CO3 K3  
(or)
- 19.b. Explain the history and development of India in traditional games. CO1 K2
- 20.a. Elaborate the Indian traditional games for kids. CO2 K3  
(or)
- 20.b. Summarize any six traditional games for special students. CO1 KI

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