

Continuous Internal Assessment II– February 2021

Class: I BPEd

Time: 2 Hrs.

Semester: I

Max Marks: 30

18BPDC01 - History, Principles and Foundation of Physical Education

Course outcome

1. Know the origin and development of physical education
2. Apply the knowledge of olympism in organizing various sports activities
3. Distinguish the functional operation on national and international Olympic federations.
4. Analyze the concept and issues pertaining to physical education
5. Formulate the principles ,philosophy and concepts about physical education

PART – A

Circle the Correct Answer

6 x 1 = 6

1. The criteria for the appreciation of beauty in nature and arts is CO1K2
a. Ethics b. Logic c. Aesthetics d. Axiology
2. which of the following is the award for outstanding sports coaches CO2K1
a. Arjuna b. Dhronacharya c. Padmashree d. Padmabhusan
3. The author of philosophy of pragmatism is CO2K2
a. Plato b. Roussen c. Johndewey d. Aristotle
4. Agoge was the name of system in Greece related to CO1K1
a. Education and Milatory Training b. Dance C. Music d. Recreation
5. Education leads to the modification of CO1K3
a. Attitude b. Behaviour c. Life d. Interest
6. Which type of mental skill would be critical to skill execution during performance?

CO2K3

- a. Motivation b Attention focus c Leadership d Interpersonal Competence

PART – B

Answer the Following (Any two)

Answer should not exceed 400 words or One Page

2 X 6 = 12

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|---|-------|
| 7 .Write about Physical Education in Greece | CO1K2 |
| 8. Write about any two philosophies? | CO2K3 |
| 9. Enumerate the Types of learning | CO1K2 |
| 10. Define Sports Sociology and write about culture | CO2k3 |

PART – D

Answer the following (any one)

Answer should not exceed 800 words or four pages

1x12=12

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|---|-------|
| 11 . Explain in detail about the History of Physical Education in Athens and Sparta | CO2K3 |
| 12. Write about the Age and Gender Characteristics, Body Types | CO1K2 |