



Mavinney

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with A++ Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India
Continuous Internal Assessment II April - 2024
Semester -IV

Class: II-B.P.Ed

Major: Physical Education

Max Marks: 60

Duration: 2 hours

21BPDC27 - Theory of Sports and Games

Course Outcome:

CO1: Know the fundamental of all the games and sports.

CO2: Understand the rules of all the games and sports.

CO3: Preparing the students for the competition

CO4: Classify the students accordingly for various games and sports.

CO5: Design and practice the new methods of technique and training

Part -A

Answer all the questions

1x6=6

1. Who invented the game Volleyball? CO2KI
(a) James Naismith (b) William G Morgan (c) Ben Johnson (d) Lawrence Meyer
2. The measurement of hockey field is _____ CO1K3
(a) 109 x 50 yards (b) 110 X 55 yards (c) 100 x 60 yards (d) 100 x 55 yards
3. What is the height of the tennikoit net is _____ CO3K3
(a) 1.85 mtrs (b) 1.8 mtrs (c) 1.83 mtrs (d) 4.82 mtrs
4. Who execute each raid on a single breath in kabaddi? CO3K2
(a) Raider (b) Defender (c) Offender (d) Catcher
5. Players sitting in the squares are known as _____ CO2K2
(a) Active chasers (b) Chasers (c) Runner (d) Defender
6. How many officials are there in the game handball? CO2K
(a) 5 (b) 6 (c) 4 (d) 3

Part B

Each answer should not exceed 400 words or two pages

3x6=18

- 7 (a) List out the duties of scorer in Kho Kho. CO3K2
(or)
- 7 (b) Draw a neat diagram of a Hockey stick and ball with all its specifications and dimensions. CO3K2
- 8 a) List out the positions in hockey with diagram. CO2K2
(or)
- 8 (b) What are the basic fundamental skills in Volleyball CO4K4
- 9 (a) Draw a neatly labeled diagram of Kabaddi court for Women CO2K3
(or)
- 9 (b) What are the pre competitions work to be done in Kabaddi game? CO3K3

PART C

Each answer should not exceed 800 words or two pages

3x12=36

- 10 (a) Draw a volleyball court with markings and measurements CO2K1
(Or)
- 10 (b) Enumerate the brief History and timeline of Kho Kho. CO1K3
- 11 (a) Draw a neat diagram of handball court, equipments with its measurements and their specifications CO2K3
(Or)
- 11 (b) Explain about the scoring system in hockey. CO2K4
- 12 (a) Explain in detail about offensive and defensive skills in Kabaddi? CO3K3
(Or)
- 12 (b) Enumerate about the ethics of sports and sportsmanship. CO2K5

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Mrs. A. Kiruthika