



Maximum

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)

Re-accredited with A++ Grade by NAAC. Recognised by UGC under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test I –February 2024

IV SEMESTER

Class : II UG

Time: 2 hours

Major: Physical Education

Maximum Marks 60

21BPEC13 – MOVMENT EDUCATION AND PRIMARY PHYSICAL EDUCATION

CourseOutcomes:

1. Apply basic anatomical relational ship to the felt sense of the body including the expressiveness inherent in movement
2. Develop skills in presenting both in writing and in speaking topics from the discipline of studies
3. Gain proficiency in skill specific to the efficient movement
4. Demonstrate understanding that physical activity can affect body composition and help maintain a healthy body
5. Provides children with opportunities to improve fitness and be active for societal for trends

Part-A

6x1=6

Choose the correct answer

1. Movement education is considered _____ CO1K1
a. Behaviorism b. Cognitivism c. Constructivism d. None of the Above
2. The earliest inklings of movement education occurred in the late 1800s in the field of CO2K1
a. Dance b. Science c. Sports d. All the Above
3. Which of the following is NOT manipulative movement? CO1K2
a. Dribbling b. Catching c. Running d. All the Above
4. Running, walking and skipping are examples of _____ CO1K1
a. locomotor b. non locomotor c. non manipulative d. Physical Activity
5. The goal of teaching is CO2K3
a. to give information b. To involve pupils in activities
c. To impart knowledge d. Desirable change in behavior
6. Students are passive in CO2K2
a. Project method b. Discovery method c. Lecture method d. Inquiry method

Part- B

3x6=18

Answer ALL Questions

Each answer should not exceed 400 words or two page

7. a. What are the 4 factors of movement? CO2K1
(or)
b. Explain the 7 key of movement CO2K1
8. a. Describe the Aim and five characteristics of movement CO2K2
(or)
b. write a Short Notes on fundamental locomotion skills of childhood? CO2K3
9. a. What are the characteristics of a good PE lesson? CO1K3
(or)
b. Define: spatial awareness with Example CO2K2

Part-C

3x12=36

Answer ALL questions

Each answer should not exceed 800 words or four pages

10. a. Describe the origins of movement education? CO1K1
(or)
b. list out the Role of Physical Education in Primary Schools. CO1K3
11. a. Write about the difference between the teaching styles in movement education and teaching methods in physical education? CO2K1
(or)
b. What are the guidelines for good practices and learning experience? CO2K3
12. a. How does movement improve spatial ability? CO2K2
(or)
b. Briefly Explain The Role and Responsibilities of the Physical Education Teacher in the School Physical Activity Program. CO2K3