

AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR
WOMEN

Continuous Internal Assessment Test II – October 2018

Class: II B.P.Ed

Time: 2 hours
Max.marks: 60

15BPDDC17 – Sports Psychology and Sociology
Part – A

Choose the correct answer

5X1=5

1. One of the following is not the characteristics of the culture?
 - a. It preserves features of the past.
 - b. It discards what is socially condemned.
 - c.It is found both in the animal and the human society.
 - d.It is found only in human society.
2. Cultural traits are formed on the basis of
 - a.Needs of life b.Needs of religion c.Needs of economic development
 - d.Needs of political advancement.
3. These are the conditions related with stress except
 - a) Hypertension b) anemia c) mental illness d) peptic ulcer..
4. The initial steep rise in the learning graph is an indication of quick progress and is technically known as
 - a) 'End spurt' (b) 'Initial spurt' (c) Saturation point (d) None of the above
5. Who is regarded as the 'father' of psychology?
 - a) Sigmund Freud (b) Ivan Pavlov (c) John B. Watson (d) Wundt.

Part – B

Answer the following in few sentences

5x2=10

6. Define Orthodoxy
7. Define Sports Sociology
8. Define Questionnaire
9. Define Socialization
10. Define Culture

Part – C

Answer the following in 400 words/ one page

3x5=15

- 11 a. Write the meaning and nature of Sports Sociology(or)
- 11 b. Write about the social group life
- 12 a. Write in Brief about Customs and Orthodoxy (Or)
- 12 b. Write about Effects of Arousal
- 13 a. Differentiate Attention and Focus (or)
- 13b. Write about the features of Culture

Part – D

Answer the following

Answer should not exceed 800 words or four page

2X15=30

- 16 a. Explain Socialization through Physical Education (or)
- b.Explain in detail – Mental Preparation Strategies
- 17 a. Enumerate the different method of studying Observation and Inspection Method (or)
- 18 b. Write about the need and importance of Traditional and Cultural Values for a Sports Person

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