



Mavinur

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)

Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test – II – June 2022 Semester II

Class : I UG
Major : Physical Education

Time: 2 hours
Max. marks: 60

21BPEC05 Theory of Games and Sports-II (Kabaddi, Ballbadminton and Handball)

Course Outcomes:

1. Teaching knowledge and understanding of range of court and striking sports (including the rules and used in each sport) Teaching knowledge and.
2. Understanding of range of court and striking sports (including the rules and used in each sport)
3. The ability to analyse and apply practical based coaching and teaching practices and strategies.
4. Teaching facility with current technologies to enhance learning.
5. The ability to demonstrate effective teaching strategies.

PART – A

Choose the Correct Answer

6 x 1 = 6

1. Which country won kabaddi world cup 2020?
a. Iran b. Pakistan c. India d. None of the above CO1KI
2. When was the pro kabaddi league launched?
a. 2002 b. 2004 c. 2012 d. 2014 CO2K1
3. Penalties are thrown from what distance?
a. 11m b. 9 m c. 7m d. 4m CO3K2
4. Which of these is fault when serving?
A. Hitting the feathers of the shuttle first
B. The request point down word at the moment of hitting the shuttle
C. hitting the cork of the shuttle first
D. hitting the shuttle below the waist CO3K3
5. How many feathers should be in a shuttle?
a. 12 b. 26 c. 16 d. 20 CO3K4
6. Each game is played up to how many points in badminton?
a. 11 b. 15 c. 21 d. 31 CO3K3

PART – B

Answer all Questions

Each answer should not exceed 400 words or two pages

3 X 6 = 18

7. a. Write notes offensive of kabaddi?
(or) CO1K2
7. b. Explain about rules of ball badminton? CO2K2
8. a. Write notes defensive skill handball?
(or) CO2K3
8. b. Write notes Duties of official hand ball? CO3K3
9. a. Explain the rules of kabaddi during match?
(or) CO3K4
9. b. Explain official signals of badminton? CO3K4

PART – C

Answer all Questions

Each answer should not exceed 800 words or four pages

3X 12 = 36

10. a. Briefly explain of technical skill of kabaddi?
(or) CO2K3
10. b. Explain handball rules of games and match hand ball? CO2K3
11. a. Explain the badminton mechanism of officiating?
(or) CO3K2
11. b. Duties of officials and signals of hand ball? CO3K2
12. a. Explain Offensive and defensive skill of kabaddi
(or) CO4K4
12. b. Explain Offensive and defensive skill handball? CO4K4