



Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor of Physical Education Degree Examination – June 2021
IV Semester

Class: II B.P.Ed

Time : 3 Hours
Max. Marks : 100

18BPDC26 Officiating and Coaching

Part A

10 x 1 = 10

Choose the Correct Answer

1. Which award presented by the government of India for excellence in sports coaching?
a. Rajiv Gandhi Khel Ratna
b. Arjuna Award
c. Padma vibhushan
d. Dronacharya Award
2. The major role of Sports coaching is done for improving sports
a. Personality
b. Performance
c. Fitness
d. Agility
3. The term "coach" in connection with
a. Instructor
b. Trainee
c. Administrator
d. Organizer
4. Seeking guidance from experienced people for advising and counselling is called
a. Mentoring
b. Career interests
c. Developmental needs
d. Employee's performance
5. The main duty of the marshal in an athletic meet
a. Drive away unwanted people out of areas
b. Supervise office
c. Conduct march past
d. Discipline of athletes
6. Ethics is a normative science of
a. Action
b. Behaviour
c. Thought
d. Satisfaction
7. The highest sports award of India is
a. Rajiv Gandhi Khel Ratna
b. Arjuna Award
c. Dronacharya Award
d. Padma vibhushan
8. TA means
a. Team activity
b. Team allowance
c. Total allowance
d. Travel allowance
9. Which is an eligible degree for a coach?
a. Any Degree
b. Physical Trainer
c. NSNIS
d. None of these
10. To allow the body to gradually transition to a resting or near-resting state
a. Recreation
b. Lead up activity
c. Cool down
d. Warm up

Part B
Answer ALL questions
Each answer should not exceed 400 words or two pages

5 x 6 = 30

- 11.a. Write the definition and meaning of officiating.
(or)
11.b. Describe the relation of official with organizing committee.
- 12.a. Summarize the responsibilities of a coach on the field.
(or)
12.b. Discuss about the competition psychology of a player.
- 13.a. Write the philosophy of officiating .
(or)
13.b. Explain the mechanism of officiating position.
- 14.a. Discuss about the integrity and values of sports.
(or)
14.b. Enumerate the qualities of official.
- 15.a. Give short notes on cool down.
(or)
15.b. Describe the concept of conditioning.

Part C
Answer ALL questions
Each answer should not exceed 800 words or four pages

5 x 12 = 60

- 16.a. Examine the measures of improving the standards of officiating and coaching.
(or)
16.b. Enumerate the concept and importance of Coaching.
- 17.a. Explain the duties of coach in general, pre, during and post game.
(or)
17.b. Briefly explain the philosophy of coaching.
- 18.a. List down the ethics of officiating and explain.
(or)
18.b. Describe the duties of official in general, pre, and post game.
- 19.a. Explain the qualities of a good coach.
(or)
19.b. Discuss about the eligibility rules of inter collegiate and inter university tournaments.
- 20.a. Enumerate the principles of officiating and coaching.
(or)
20.b. Define warming up and explain its various types.
