



Mallikarjuna

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with A++Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Continus Internal Assessment – I (February 2023)
Semester -VI

Class : II B.P.Ed
Branch : Physical Education

Time : 2 Hours
Max. Marks : 60

21BPDC26 - Officiating and Coaching

Course Outcomes:

1. Understand the concept and mechanism of officiating and coaching.
2. Describe the duties of coaches and officials.
3. Identify and implement risk management strategies for the well-being of athletes, spectators and officials.
4. Apply the concept of coaching and officiating
5. Analyze training requirements for different sporting populations

PART – A

Circle the Correct Answer

6 x 1 = 6
CO1K2

1. Choose the incorrect answer from the below
a. A coach is who controls the actual play of a competition
b. An official is who controls the actual play of a competition
c. A sports officiating is the supervision of sports competition
d. A sports officiating is the system of managing a sports
2. Choose the correct answer from the below
a. Mental qualities refers to deal with others
b. Physical qualities refers to the emotional readiness
c. Emotional qualities refers to deal with physical
d. Social qualities refers to deal with others
3. An efficient Coach is one who
a. Demonstrates
b. Demonstrates and explains
c. Demonstrates, explains and evaluates
d. Explains and evaluates
4. Choose the correct example for pre game preparation of coach
a. ready to face media
b. player dress code should be decided
c. keep the result ready
d. preparation for the next match
5. Choose the correct order of coaching philosophy
a. target - planning - method and description - evaluation of coaching
b. method and description - evaluation of coaching- target - planning
c. evaluation of coaching- target - planning-method and description
d. method and description - planning- target- evaluation of coaching
6. Advising athletes on the training and assessing performance is a duty of
a. Supervisor
b. Physiotherapist
c. Coach
d. Official

PART – B

3X 6 = 18

Answer should not exceed 400 words or One Page

- 7 a Explain Officiating and Coaching in detail
or
7b Explain concept of Officiating and Coaching in detail
- 8 a Describe the qualities of a good official in detail.
or
8 b. Describe the qualities of a good coach in detail.
- 9 a. Briefly explain the role of the sports coach
or
9 b. Briefly explain the responsibilities of a coach on and off the field

PART – C **3X12= 36**
Answer should not exceed 800 words or four pages

- 10 a Enumerate the relation of official and coach with various organization committee CO2K3
or
10 b Write down the meaning of sports coaching. Discuss the importance of sports coaching. CO2K3
- 11a. Discuss the responsibilities of a Coach before, during and after a match. CO2K3
or
11 b Discuss the psychological aspect of coaching duties in Pre-game and Post-game situations. CO2K3
- 12 a. Write down the essential qualifications and desirable qualities of an ideal coach. CO2K3
or
12 b. Write down the essential qualification and qualities of official CO2K3
