



Avinashilingam Institute for Home Science and Higher Education for Women

Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD (now MoE)

Re-accredited with A++ Grade by NAAC. CGPA 3.65 /4, Category I by UGC

Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test I – August 2025

Class : I BPED
Major : Physical Education

Time : 2 Hrs.
Max Marks: 60

23BPDC03 – Educational Technology and Methods of Teaching in Physical Education

Course Outcomes

CO1: Plan, develop, communicate, implement, and evaluate technology-infused strategic plans.

CO2: Maintain and manage a variety of digital tools and resources for use in technology-rich learning environment

CO3: Design, develop, and implement technology-rich learning program that model principles of learning and promote digital age best practices in teaching, learning and assessment.

CO4: Find out how successful were the teachers' efforts in contributing to the realization of the fundamental objectives of education.

CO5: Assessments which learning experiences were effective in promoting and enhancing learning, which teaching methods and techniques are effective in the realization of the educational objectives.

Part – A

Circle the Correct Answer

6X 1 = 6

- 1 The use of technology to enhance learning process is called _____ in education. CO2 K2
a) IT b. ICT c. CT d. CS
- 2 Self-instructional strategies promote CO3 K1
a) Group learning b. Peer group learning c. Individual learning d. Focus group learning
- 3 Education is the manifestation of man-Defined by? CO1 K2
a) Vivekanda b. Froebel c. Gandhi d. Nehru
- 4 Education process is _____ model. CO4 K2
a) L-T b. T-L c. T-L-T d. T-L-l
- 5 What is the full form of www? CO3 K1
a) Wide Work Web b. Website World Wide c) World Wide Web d. World Wide Work
- 6 The devices are used to teach more _____. CO2 K3
a) Interest b) Effective c) Economy d) Compact

Part – B

Answer the following

Answer in two pages or do not exceed 200 words

3X6=18

- 7.a. Explain Educative Process in detail. CO2 K4
(Or)
- 7 b. Explain the teaching technique in Physical Education. CO1 K2
- 8.a. Enumerate the Types of Education CO2 K3
(Or)
- 8 b. Enumerate the uses of technology in learning Physical Education. CO4 K4
- 9.a. Write the methods of teaching. CO3 K1
(Or)
- 9 b. Write about the relationship of teaching and learning CO5 K1

Part – C
Answer the following
Answer in Four pages or do not exceed 700 words

3x12 = 36

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|------|--|--------|
| 10.a | Describe about the technological equipment used in sports field?
(Or) | CO5 K2 |
| 10b. | Explain the technological teaching device and its applications. | CO3 K2 |
| 11.a | Write the new and emerging technology in Physical Education?
(Or) | CO4 K5 |
| 11 b | How to promote physical activity by using technology? | CO3 K3 |
| 12a. | Present your views about offline class and online class and technology involvement in both
(Or) | CO4 K3 |
| 12b. | Describe about the presentation techniques | CO4 K2 |

Name of the Staff Incharge: Dr.S.Akilandeswari

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