



*K. Sambal*

Avinashilingam Institute for Home Science and Higher Education for Women  
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)  
Re-accredited with A++ Grade by NAAC. Recognized by UGC under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment II- OCT- 2024  
Semester -I

Class: IB.P.ed  
Major: Physical Education

Max Marks: 60  
Duration: 2hours

**24BPE1B DSE-I: HEALTH EDUCATION, SAFETY EDUCATION AND FIRST AID**

**Course Outcomes:**

1. Explain the history and philosophy of public health as well as its core values, concepts, and functions across the globe and in society.
2. Identify the methods, and tools of public health data collection, use, and analysis
3. Relate the underlying science of human health and disease to opportunities for promoting and protecting health across the life course.
4. Identify the socio-economic, behavioral, biological, environmental, and other factors that impact human health and contribute to health disparities.
5. Apply the principles of project implementation, including planning, assessment, and evaluation in organizational and community initiatives.

**Part -A**

**Answer all the questions**

**1x6=6**

1. What is the first step in providing first aid?  
a) Assess the scene for safety  
b) Apply direct pressure to the wound  
c) Perform rescue breaths  
d) Elevate the injured limb
2. What is the main aim of first aid  
(a) preserve (b) prevent (c) promote (d) All of the above
3. **The world health day**  
(a) 1<sup>st</sup> march (b) 7<sup>th</sup> April (c) 6<sup>th</sup> oct (d) 10<sup>th</sup> dec
4. Types of bantages.  
(a) 5 (b) 6 (c) 7 (d) 8
5. how many types of bone fracture.  
(a) 10 (b) 6 (c) 9 (d) 8
6. Sprain types  
(a) 5 (b) 4 (c) 3 (d) 6

**Part B 3x6=18**

**Each answer should not exceed 400 words or two pages**

- 7.(a). Safety in organization and demonstration of competition. CO3 K2  
(or)
- 7.(b). Aim and objective of first aid. CO2 K3
- 8 (a) Short notes on WHO and about current health status. CO2 K4  
(or)
- 8.(b). Safety in physical education in your field and equipment. CO3 K1
- 9 (a). Explain health organization of district and state level CO3 K2  
(or)
- 9.(b). Meaning: safety education and first aid. CO5 K1

**Part C**

**Each answer should not exceed 800 words or two pages**

**3x12=36**

- 10.(a). Explain aim and objective and scope of first aid. CO3 K2  
(Or)
- 10.(b) First aid and emergency of various cases and any four treatment CO2 K2
- 11.(a). Various type of bantages and explain four CO3 K2  
(Or)
- 11.(b). Need and importance of safety education CO4 K3
- 12.(a). Causes and affect of physical and mental health CO4 K3  
(Or)
- 12.(b). Current health status of pupil and health statistics in India. CO2 K3

Staff in charge: Mrs.muniswari  
Total no. of papers 16