



Hambilla

Avinashilingam Institute for Home Science and Higher Education for Women
Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD (now MoE)
Re-accredited with A++ Grade by NAAC. CGPA 3.65/4, Category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test I – February 2026
II Semester

Class : I BPEd
Major : Physical Education

Time: 2 hours
Maximum Marks: 60

23BPDC09 - Organization and Administration in Physical Education

Course Outcomes:

At the end of the course, students will:

1. Understand the principles and process of Administration and Management
2. Administer physical education and sports programs in schools.
3. Develop appropriate physical education curriculum, tools and budget to manage school programs
4. Appraise and manage physical education facilities and personnel in school
5. Design tournament fixtures and structures to organize competitions

Part - A

6 x 1 = 6

Choose the Correct Answer

1. Organization is considered as the _____ stage, whereas administration is the execution stage.
a. planning b. pre=execution c. controlling d. Supervising **CO1K3**
2. Physical activity as a guiding principle of organization
a. weekly necessity b. biological necessity c. optional d. seasonal **CO2K3**
3. The ideal teacher–pupil ratio in Physical Education for effective teaching should be approximately:
a. 60:1 b. 50:1 c. 40:1 d. 20:1 **CO3K2**
4. The unique purpose of administration in Physical Education is to: **CO1K3**
a. conduct competitions b. effective utilization of resources c. train athletes d. rigid rules
5. Which of the following periods in the Physical Education timetable mainly aims at skill mastery through repetition? **CO2K1**
a. Instruction b. practice c. games d. mass drill
6. Which technique of supervision most effectively reveals the actual status of Physical Education programmes in a school **CO3K2**
a. Scheduled visit b. surprise visit c. conference d. workshop

Part - B

3 x 6 = 18

Answer ALL Questions

Each answer should not exceed 400 words or two pages

7. a. Write any four procedures of organization in physical education with suitable examples from a school sports meet. **CO3K2**
(or)
7. b. State the scope of organization in physical education **CO2K3**
8. a. Mention any four qualities of a good leader in Physical Education. **CO1K3**
(or)
8. b. Explain the organizational structure of Physical Education programme in a High School or Higher Secondary School. **CO5K4**
9. a. Write any four personal standards of a Physical Education administrator. **CO4K3**
(or)
9. b. Mention any four principles of programme planning in Physical Education **CO3K3**

Part - C

3 x 12 = 36

Answer ALL questions

Each answer should not exceed 800 words or four pages

10. a. Elucidate the guiding principles of organization **CO2K3**
(or)
10. b. Discuss the elements of organization and administration and explain their interrelationship. **CO3K3**

11. a. Describe the programme planning process in Physical Education, highlighting its importance and basic factors. CO4K4

(or)

11. b. Explain the methods of selecting student leaders and state their role in Physical Education activities. CO4K3

12. a. Define supervision in Physical Education and detail its democratic nature. CO1K4

(or)

12. b. Enumerate the essential qualities of an effective supervisor in Physical Education CO2K3

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******* Staff in-charge: R. Saravana Prabha**