



N. Srinivasan

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – May 2024
VI Semester

Class : III UG
Major : Physical Education

Time : 3 Hours
Max. Marks : 100

21BPEC29 Traditional games of India

Course Outcomes:

1. Appreciate the Influence of Traditional Games in the Indian Culture
2. To give students an opportunity to explore and play Indian Traditional Games
3. To be able to work as a team and engage in fair play
4. Improves precision ability, and hence enhances concentration.
5. Improves aim and focus.

Part A

Choose the Correct Answer

10 x1 = 10

1. Which of the following traditional sports originated in India? CO2K2
a. Basketball b. Cricket
c. Hockey d. Kabaddi
2. Which of the following is a traditional Indian stick-fighting martial art? CO1K1
a. Judo b. Capoeira
c. Karate d. Silambam
3. Which of the following is a traditional Indian wrestling style? CO2K2
a. Brazilian Jiu-Jitsu b. Sumo
c. Kushti d. Tae Kwon Do
4. Which of the following traditional Indian sports is played with a curved stick and a ball? CO3K3
a. Baseball b. Golf
c. Badminton d. Gilli-Danda
5. Which of the following traditional Indian sports involves the use of a bamboo pole? CO2K2
a. Archery b. Mallakhamb
c. Sailing d. Table Tennis
6. Which traditional Indian sport is played on horseback? CO3K3
a. Polo b. Swimming
c. Tennis d. Soccer
7. Which of the following is a myth of traditional Indian game Gilli thanda? CO4K4
a. Cricket b. Squash
c. Kho Kho d. Snooker
8. Which of the following is a traditional Indian martial art form? CO2K1
a. Kalaripayattu b. Boxing
c. Muay Thai d. Kickboxing
9. Which of the following is a traditional Indian board game? CO2K2
a. Chess b. Scrabble
c. Monopoly d. Pachisi
10. Which of the following traditional Indian sports involves the use of a ball and a curved wooden bat? CO2K3
a. Volleyball b. Golf
c. Gilli-Danda d. Cricket

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

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|---|-------|
| 11.a. Explain the meaning and definition of traditional games.
(or) | CO1K1 |
| 11.b. Describe about the traditional indoor games of India. | CO2K2 |
| 12.a. Explain about historical sources about the traditional games.
(or) | CO3K2 |
| 12.b. Explain about cultural diversity and traditional sports. | CO2K3 |
| 13.a. Explain about the regional sports of Kerala.
(or) | CO2K2 |
| 13.b. Explain about the regional sports of Maharashtra. | CO2K2 |
| 14.a. Describe about the weapons used in the Indian martial arts.
(or) | CO3K4 |
| 14.b. Explain about the Silambam martial art. | CO4K2 |
| 15.a. Describe about the kids traditional games.
(or) | CO2K3 |
| 15.b. Explain the online traditional games. | CO2K4 |

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

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| 16.a. Explain the types of traditional games.
(or) | CO2K2 |
| 16.b. Explain the aim, objectives and scope of the traditional sports and games | CO3K3 |
| 17.a. Explain the factors influencing traditional games.
(or) | CO4K3 |
| 17.b. Describe briefly about the cultural diversity, identity and barriers of cultural initiative through traditional games. | CO2K2 |
| 18.a. Explain about the various forms of traditional sports and games of south India in brief.
(or) | CO3K3 |
| 18.b. Describe the regional sport of the various states of India. | CO2K2 |
| 19.a. Explain about the concepts of ancient martial arts of India.
(or) | CO1K3 |
| 19.b. Explain about the concepts of modern martial arts of India. | CO3K2 |
| 20.a. Explain about the Indian traditional games with special identity.
(or) | CO2K2 |
| 20.b. Explain the modified traditional games of special children. | CO4K3 |
