



**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)  
Re-accredited with A+ Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

**Continus Internal Assessment – I (September 2021)**  
**Semester V**

**Class : III BSc**  
**Branch : Physical Education**

**Time : 2 Hours**  
**Max. Marks : 60**

**18BPEC20- Theory of Games and Sports V (Basketball& Hockey)**

Course Outcomes:

CO1 : Outline the Basketball Long-Term Player Development Model, specifically how it relates to young players

CO2: Identify the fundamental movement and basic technical skills of basketball and hockey to include multi-directional movement and footwork, perceptual abilities, passing, dribbling, shooting, rebounding, offensive and defensive stance.

CO3: Explain basic tactical elements of basketball and hockey to include movement without ball, spacing and principles of the game

CO4: Apply the lifestyle, health related and fitness components that are involved the game of basketball and hockey

CO5: Display a working knowledge, roles and basic responsibilities of the coach in Practice.

**Part A**

**6 x 1 = 6**

**Choose the Correct Answer**

1. What is the height of basket from floor to the top of the ring in Basketball? CO1K2  
a. 3.50 m      b. 3.15 m      c. 3.05 m      d. 3.51 m
2. In which year the basketball was introduced in India? CO2K5  
a. 1905      b. 1904      c. 1903      d. 1951
3. What is the height of basket net in basketball? CO1K2  
a. Not less than 45 cm      b. Not more than 35 cm  
c. Not less than 40 cm      d. Not more than 35 cm
4. The time duration of the hockey game is CO2K2  
a. 25-5-25      b. 30-5-30      c. 35-5-35      d. 40-5-40
5. The height of the hockey goalpost is CO3K2  
a. 3.00mts      b. 3.66mts      c. 2.00mts      d. 2.14mts
6. The Dimensions of a Hockey Field are? CO4 K2  
a)91.4m\*55m      b) 92m\*55m      c) 92.5m\*56m      d) 91.4m\*56m

**Part B**  
**Answer ALL questions**  
**Each answer should not exceed 400 words or two pages**

**3 x 6 = 18**

- 7.a. Write about the Live ball and dead ball in Basketball? CO2K3
- Or
- 7.b. Enumerate the Foul and its types in Basketball CO3K2
- 8.a. Explain the team composition in Basketball CO4K2
- Or
- 8.b. Briefly explain the history of hockey CO2K1
- 9.a. Explain the position of players in hockey CO2K5
- Or
- 9.b. Enumerate the goal keeper techniques in Hockey CO2K2

**Part C**  
**Answer ALL questions**  
**Each answer should not exceed 800 words or four pages**

**3 x 12 = 36**

- 10.a. Draw a neat diagram of Basketball court with its specification CO1K2
- Or
- 10.b. Write about playing time, substitution in Basketball? CO2K5
- 11.a. Write any 2 skills in hockey with their drills and lead ups? CO3K4
- Or
- 11.b. Draw a neat diagram of a hockey field with its goals and all measurements CO1K3
- 12.a. Explain types of passing in Basketball
- Or
- 12.b. Explain about Origin and development of Hockey CO4 K2

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