

Class : II BPEd
Major : Bachelor of Physical Education

Time : 2 Hrs.
Max Marks: 60

ISBPDC27 – Theory of Sports and Games

Part – A

Circle the Correct Answer

5 X 1 = 5

1. The term Volleyball is derived from
a. William G Morgan b. Mintonette c. James Naismith d. Minton
2. Number of libero players
a. 1 b. 2 c. 3 d. 4
3. Length and width of the Basketball court
a. 27m x15m b. 29m x16m c. 28m x15m d. 25m x14m
4. LET is
a. A Service b. A fault c. A Reserve d. Net shot
5. Numbers of players in softball
a. 9 b. 7 c. 10 d. 8

Part – B

Answer the following in two or four lines

5 X 2 =10

6. Define personal foul in Basketball
7. List four defensive skills in Volleyball
8. Write about the specification of Badminton Racket
9. What is the purpose of stragger in 400 mts track
10. Write about the specification of Ball Badminton Racket

Part - C

Answer the following

Answer in two pages or do not exceed 200 words 3X5=15

- 11. a. Write Indigenous Sports and games of India.
Or
- b. Write any four offensive skills in Basketball
- 12. a. Explain Minimum chase method and follow on in Kho Kho
Or
- b. Define Front zone, Libero replacement zone, substitution zone in volleyball
- 13. a. Write about the batting order in softball
Or
- b. Mark the fielders position in softball field

Part - D

Answer the following

Answer in Four pages or do not exceed 700 words

2x15 = 30

- 14. a. Draw a neat diagram of Basketball court and with its specification
(Or)
- b. Draw a neat Diagram of Ball badminton with its specifications
- 15. a. Draw a neat diagram of Kho Kho Court with all its measurements
(Or)
- b. Enumerate the method of scoring in Badminton