



Mamunif

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12 B
Coimbatore-641 043, Tamil Nadu, India

Bachelor's Degree Examination - May 2022
IV Semester

Class : II UG
Major : Physical Education

Time : 3 Hours
Max. Marks: 100

18BPEC15 – Theory of Games and Sports (Track & Field, Badminton and Table Tennis)

Part A
Choose the Correct Answer

10 x 1 = 10

1. The term Ping-Pong was used to refer which of these games CO1K1
a. Pole-Vault b. Badminton c. Table Tennis d. Hammer Throw
2. In which of the following year Men's Pole-Vault introduced in Summer Olympics CO2K2
a. 1986 b. 1948 c. 1904 d. 1936
3. How many feathers the shuttle in the badminton shall have? CO1K1
a. 20 b. 16 c. 12 d. 8
4. The relay baton must weigh CO1K1
a. not more than 75 grams b. not less than 80 grams
c. not more than 60 grams d. not less than 50 grams
5. In which of the following games, the players in doubles have to take turn to return the ball during a rally CO2K2
a. Badminton b. Table Tennis c. Tennis d. Squash
6. The performing sequence in triple jump is CO1K1
a. Step, Run and Jump b. Hop, Step and Land
c. Hop, Step and Jump d. Skip, Hop and Jump
7. In races run in respective lanes, if an athlete touches the line on their left, the kerb or the line marking the applicable border, once, he will CO3K3
a. not be disqualified
b. be disqualified
c. be given a caution
d. the race will be restarted
8. In badminton, when the game is suspended for technical reasons, the play shall be CO4K2
a. restarted afresh b. resumed from that point
c. decided by the umpire d. decided by the toss of a coin
9. A valid throw in javelin is indicated by the judge using a CO3K2
a. blue flag b. green flag c. yellow flag d. white flag
10. In Badminton, the person who is in charge of conducting a match is called CO5K3
a. an umpire b. a referee c. a service judge d. a line judge

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. Write about the notable performances of India in Badminton in Olympics. CO3K3
(or)
- 11.b. Write about the notable performances of India in Athletics (as events given in the syllabus) in World Championships. CO4K4
- 12.a. Draw a neat sketch of Javelin Throw – Runway and Landing Sector. CO4K3
(or)
- 12.b. Draw a neat layout of a Table Tennis board with markings. CO3K2
- 13.a. Write briefly any two (2) conditioning drills to improve the performance of a Triple Jumper. CO5K4
(or)
- 13.b. Briefly explain the technical skills required for a table tennis player and their role in playing the game. CO3K4
- 14.a. Write the time allowed for trials in Triple Jump, Pole Vault, Hammer Throw and Javelin Throw. CO4K3
(or)
- 14.b. Write down the placement of hurdles on the track and their heights for all the hurdle events. CO2K2
- 15.a. Write briefly about any five (5) hand signals used by officials in Badminton. CO3K3
(or)
- 15.b. Name all the officials required for a 4 x 400 Mts relay event in an international championship. CO4K4

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a. Discuss the origin, history and development of Table Tennis in the World. CO2K2
(or)
- 16.b. Discuss the origin, history and development of Badminton in India. CO2K2
- 17.a. Draw a neat sketch of Hammer Throw Sector with cage positioning and measurements. CO4K3
(or)
- 17.b. Draw a neat sketch of Badminton court with markings and the specifications of the racquet, shuttle and net. CO5K4
- 18.a. How will you teach any four (4) strokes in badminton? Explain with suitable examples. CO4K3
(or)
- 18.b. Write in detail about different grips in Javelin Throw and explain their advantages and disadvantages. CO4K4
- 19.a. Write in detail the technical specifications of Javelin for men and women with diagram. CO5K3
(or)
- 19.b. Explain in detail when 'a let' is awarded and how a point is scored in Table Tennis-List down the rules on the same. CO3K3
- 20.a. Write about the duties and responsibilities of officials in 4 x 100 Mts relay. CO3K5
(or)
- 20.b. Write about the duties and responsibilities of a referee and other match officials in Table Tennis. CO4K4