



Continuous Internal Assessment I – September 2021

III Semester

Class : II BSc

Time : 2 Hrs.

Branch: Physical Education

Max Marks: 60

18BPEC07 – Methods of Physical Education

Course Outcomes:

- CO1. Recall the meaning, method principles and factors of methods in physical education.
- CO2. Summarize the physical activities for demonstration.
- CO3. Apply the methods of teaching learning in classroom situation.
- CO4. Preparing the students for Intramural and extramural competition
- CO5. Organize the various level of competition.

PART – A

Choose the Correct Answer

6 x 1 = 6

1. _____ is the motivational force for learning. CO1K1
a. Society b. Age c. Interest d. Teacher
2. An object or device used by the teacher in the course of teaching is _____. CO2K1
a. Teaching process b. Teaching method c. Presentation method d. Teaching Aid
3. A teacher must have _____. CO3K2
a. Suitably dressed b. Ample knowledge c. Good communication d. All the above
4. _____ method consist of a series of well planned exercises. CO2K4
a. At will b. Set drill c. Imitation d. Part
5. Class management depends on _____. CO3K4
a. Students b. Administrators c. Teachers d. Principal
6. Time allotted for Recreative part in General lesson plan is _____. CO3K3
a. 13 minutes b. 15 minutes c. 18 minutes d. 21 minutes

PART – B

Answer all Questions

Each answer should not exceed 400 words or two pages

3 X 6 = 18

7. a. Explain learning by doing.

CO1K2

Or

7. b. Write the scope of methods in Physical Education

CO2K2

8. a. How to make the goal clear in maxims of teaching?

CO2K3

Or

8. b. Briefly write about the Principles of teaching.

CO3K3

9. a. Write about the activities which need for local conditions and special needs

CO3K4

Or

9. b. Briefly write about the Principles of class management.

CO4K4

PART – C

Answer all Questions

Each answer should not exceed 800 words or four pages

3X 12 = 36

10.a. What are the factors influencing the teaching methods of physical education and explain it briefly.

CO2K3

Or

10.b. Explain the different methods of teaching physical activities

CO3K2

11.a. Explain the various types of teaching aids used in physical education

CO3K3

Or

11.b. Elucidate steps in class management.

CO3K4

12.a. Write the general lesson plan for Grade 6.

CO4K4

12.b. Write the Particular lesson plan of your own choice of game for Grade 12.

CO4K4