



Maximum

# Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)

Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

## Continuous Internal Assessment Test II – April 2024

### VI Semester

Class : III B.Sc  
Major : Physical Education

Time : 2 hrs  
Max. Marks : 60

### 21BPEC29 Traditional Games of India

#### Course Outcomes:

1. Appreciate the Influence of Traditional Games in the Indian Culture
2. To give students an opportunity to explore and play Indian Traditional Games
3. To be able to work as a team and engage in fair play
4. Improves precision ability, and hence enhances concentration.
5. Improves aim and focus.

#### Part A

6 x 1 = 6

#### Choose the Correct Answer

1. Name the game you can see in the picture.

CO1K2



2. The most prominent feature of which architecture was the improved drainage system.
  - a) Harappan
  - b) Vedic
  - c) Mauryan
  - d) Gupta
3. Which is the classical dance of Kerala?
  - a) Kolattam
  - b) Mahasu
  - c) Mohiniyatam
  - d) Kuchipudi
4. DevDeepawali is celebrated in which part of India?
  - a) Kashmir
  - b) Patna
  - c) Varanasi
  - d) Surat
5. Which of the following instruments was used in Carnatic Music?
  - a) Harmonium
  - b) Dholak
  - c) Mridangam
  - d) Kartal
6. Match the Columns

1.	KaanaMoochi	a. Spinning top
2.	PitthooGaram	b. Hopscotch
3.	Hu-Tu-Tu	c. Marble
4.	Kith-Kith	d. Seven Stone
5.	Lattoo	e. Hide and Seek
6.	Kancha /Goli	f. Kabaddi

CO4K5

#### Part B

3 x 6 = 18

#### Answer ALL Questions

Each answer should not exceed 400 words or two pages

- 7.a) Explain about the regional sports in Tamilnadu  
(or) CO3K3
- 7.b) Explain the various technique of sword fighting techniques CO4K4
- 8.a) Define Ancient and modern period  
(or) CO3K4
- 8.b) Describe the game of Archery CO4K3
- 9.a) Briefly explain the Agni purana.  
(or) CO4K5
- 9.b) Describe the importance of Wrestling CO4K5

**Part C**

**3 x 12 = 36**

**Answer ALL questions**

**Each answer should not exceed 800 words or four pages**

- 10.a) Explain about the silambam history, types & objectives  
(or)  
CO3K3
- 10.b) Describe the Rules and Regulation of Kickboxing  
CO3K4
- 11.a) Briefly explain the following games  
(i) jallikattu (ii) sevalsandai (iii) rekalarace  
(or)  
CO3K3
- 11.b) What are the 3 periods of Indian history? Explain the Medieval India.  
CO3K4
- 12.a) list out the Indian games for Kids and online traditional games.  
(or)  
CO4K4
- 12.b) Describe the modified traditional games for special students  
CO4K5

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**Staff in –charge :Mrs.V.Preethi**