

Part-C

3x12=36

Answer ALL questions

Each answer should not exceed 800 words or four pages

10. a. Describe the motivation techniques and the impact on sport performance CO2K2

(or)

10.b. Briefly explain about the mental preparation strategies CO2K2

11. a. Enumerate the festivals and physical education CO3K3

(or)

11.b. Write about socialization through physical education CO2K2

12. a. Elucidate the arousal and its effect on sports performance CO2K2

(or)

12 b Enumerate the social conglomeration and social group CO2K2

No. of Copies: 35

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