



Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with A+ Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment – September 2021
V- Semester

Class : III BSc
Branch : Physical Education

Time : 2 Hours
Max. Marks : 60

18BPEC19 – Adapted Physical Education

Course Outcomes:

1. Relate a variety of factors to growth and motor development of individuals.
2. Demonstrate motor patterns, fundamental motor skills, sport specific skills and physical activity patterns of children and adolescents with special needs.
3. Recognize the perceptual-motor behavior and developmental levels of the individual
4. Obtain knowledge about ability levels of persons with disabilities and gifted and talented individuals.
5. Providing appropriate curricula/programming for participants in adapted physical education settings.

Part A

6 x 1 =6

Choose the Correct Answer

1. The Adapted Physical Education Teachers core job is to..... the children CO1 K3
a) Train b) Educate c) Felicitate d) making them excellent
2. Which of the following is an example of a Specific Learning Disability? CO2 K1
a) Mental Retardation b) Dyslexia
c) ADHD d) Autistic spectrum disorders
3. In learning disabilities, the name for mathematical disorder is: CO2 K4
a) Dyspraxia b) Dyslexia c) Dyscalculia d) Dysphasia
4. Who should physical education teacher contact when creating PE lessons for individual students? CO3 K4
a) Special Education Teacher b) Parent c) Physical Therapist d) All the above
5. In general, heredity plays the largest role in influencing which area of personal growth and development? CO2 K5
A. body type and composition B. susceptibility to stress-related illnesses C. degree of strength and flexibility that can be achieved with fitness training D. quality of relationships with friends, teachers, and classmates
6. What does SEN stand for? CO2 K1
a) Special educational needs b) Social Education needs
c) Special and exceptional needs d) Spatial emotional negotiation

Part B

3 x 6 = 18

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 7.a. Define Adapted PE and Write its meaning (or) CO2K4
- 7.b. Write the History of Adapted Physical Education CO2K6
- 8.a. Write the Aims and Objectives of Adapted PE (Or) CO1K4
- 8.b. Write short notes on AAHPER Principle CO2K5
- 9.a. Define Visual Impairment and explain it. CO3 K2
(or)
- 9.b. Enumerate Qualities and Qualification of Adapted Physical Education Teacher CO2 K3

Part C

3 x 12 = 36

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 10.a. Write about the need and importance of Adapted Physical Education CO1 K2
(or)
- 10.b. List the Physical Disability and explain it. CO2 K3
- 11.a. Write about Autism, Cerebral Palsy and its characteristics CO4 K4
(or)
- 11.b. List down the supporting Aids for different disabilities CO5 K3
- 12.a. Explain the role of Physical education in Adapted Physical education CO1 K5
(or)
- 12.b. Write on your own about Special Children Parental Involvement in their development CO2 K3
