

**Avinashilgam Institute for Home Science and Higher Education for Women,  
Continuous Internal Assessment Test I – August 2018**

Class : III UG  
Major : Bachelor of Physical Education

Time : 2 Hrs.  
Max Marks: 60

**ISBPPEC020– Theory of Games and Sports (Basketball & Hockey)**

**Part – A**

Circle the Correct Answer

5X 1 = 5

1. When the closely guarded player has stopped the dribble how long can the same player hold the ball ?
  - a. 5 sec
  - b. 3 sec
  - c. 10 sec
  - d. indefinitely
2. The Game Basket Ball was founded in the Year
  - a. 1892
  - b. 1891
  - c. 1987
  - d. 1956
3. What is the key to successful Rebounding?
  - a. Jumping
  - b. Arm and hand position
  - c. Not fouling
  - d. Positioning
4. Abbreviation if YMCA
  - a. Young Men Christian Association
  - b. Young women Christian Association
  - c. Young means Christian Association
  - d. None of the above
5. Abbreviation if FIBA
  - a. Federation International Basketball
  - b. Federation Indian Basketball
  - c. Federation Intramural Basketball
  - d. None of the above

**Part – B**

Answer the following in two or four lines

5 X 2 =10

6. Define Pivoting.
7. Define Jump-stop.
8. Write the meaning of Parallel Stance.
9. Define Passing.
10. Define Dribbling.

**Part – C**

**Answer the following**

Answer in two pages or do not exceed 200 words

3X5=15

- 11.a. Elucidate the Double Foul Situation in Basketball game detail. (or)
- b. Enumerate the Players Position Mechanism in Basketball.
- 12.a. Enumerate any two offensive Technique in Basketball (or)
- b. Write the team Players Equipments in Basketball.
- 13.a. Write about type Dribbling and any two drills in Basketball? (or)
- b. Explain the Shooting Techniques and Write down any one drills.

**Part – D**

**Answer the following**

Answer in Four pages or do not exceed 700 words

2x15 = 30

- 14.a. Draw a neat diagram of Free throw situation in Basketball and Explain it (Or)
- 14.b. Write the specifications of Ball, Backboard & Backstop Unit in Basketball?
- 15.a. Explain the History of basketball. (Or)
- 15.b. Write the Player foul situation in Basketball?