



Allexis

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – July 2022
II Semester

Class : I UG
Major : Physical Education

Time : 3 Hours
Max. Marks: 100

21BPEC05 Theory of Games and Sports-II (Kabaddi, Ball badminton and Handball)

Course Outcomes:

1. Teaching knowledge and understanding of range of court and striking sports (including the rules and used in each sport) Teaching knowledge and.
2. Understanding of range of court and striking sports (including the rules and used in each sport)
3. The ability to analyse and apply practical based coaching and teaching practices and strategies.
4. Teaching facility with current technologies to enhance learning.
5. The ability to demonstrate effective teaching strategies.

Part A

Choose the Correct Answer

10 x1 = 10

1. The game Ball badminton originated in _____ CO1K2
a. Chennai b. Kumabakonam c. Tanjore d. Nagappatinam
2. What is the measurement of goal line in handball CO2K3
a. 5cm b. 8cm c. 4cm d. 12cm
3. What is measurement of goalkeeper restricted line in handball CO1K2
a. 15cm X 5Cm b. 1Mts X 5Cm c. 15Mts X 5Mts d. 1Cm X 5Mts
4. In Kabaddi, the word touch line is related to CO3K3
a. Lobby b. Mid line c. Baulk line d. Bonus line
5. Size of the men handball CO2K1
a. 54 to 56 cm b. 50 to 52 cm c. 58 to 60 cm d. none of the above
6. Which one in the defensive skill? CO1K2
a. Ride b. Ankle catch c. toe touch d. Hip catch
7. Drills are help to develop _____ CO4K3
a. Tactics b. Strategy c. Skill d. All the above
8. Weight of the ball of ball badminton CO2K1
a. 20 to 23 gm b. 20 to 22 gm c. 21 to 24 gm d. 24 to 26 gm
9. Diagonal distance of the Kabaddi _____ CO3K3
a. 16.40mts b. 17.40mts c. 13.40mts d. 15.40mts
10. What is the height of the post in ball badminton? CO2K2
a. 1.83mts b. 1.84mts c. 1.93mts d. 1.83cm

Part B**5 x 6 = 30****Answer ALL questions****Each answer should not exceed 400 words or two pages**

- 11.a. Briefly explain the origin and development of the game Kabaddi. CO2K2
(or)
- 11.b. Briefly explain the origin and development of the game Ball Badminton. CO3K3
- 12.a. Draw a neat diagram of Handball court and specify the measurements and equipments? CO1K2
(or)
- 12.b. Draw a neat diagram of Ball Badminton court and specify the measurements and equipments? CO2K2
- 13.a. Explain any one offensive and defensive skill in Kabaddi with suitable drills. CO3K4
(or)
- 13.b. Explain any one offensive and defensive skill in Handball with suitable drills. CO2K2
- 14.a. Narrate the important rules of the game of Kabaddi. CO2K2
(or)
- 14.b. Narrate the important rules of the game of Handball. CO3K3
- 15.a. Mechanism of officiating in Kabaddi. CO3K4
(or)
- 15.b. Mechanism of officiating in ball badminton. CO2K3

Part C**5 x 12 = 60****Answer ALL questions****Each answer should not exceed 800 words or four pages**

- 16.a. Describe the history of game Kabaddi. CO1K2
(or)
- 16.b. Describe the history of game Handball. CO1K2
- 17.a. Draw the dimension with specification of ball badminton court. CO3K2
(or)
- 17.b. Draw the dimension with specification of Kabaddi court. CO3K2
- 18.a. Describe the fundamental skills in Kabaddi. CO2K3
(or)
- 18.b. Write short note on fundamental skills of Handball. CO3K2
- 19.a. Explain about the duties of Badminton. CO2K3
(or)
- 19.b. Explain the duties of officials Kabaddi. CO3K2
- 20.a. What are the teaching strategies should follow during the practice of the game. CO2K3
(or)
- 20.b. Discuss on tactics and strategies. Explain with game suitable. CO1K3
