



K. Sambal

Avinashilingam Institute for Home Science and Higher Education for Women
Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD
Re-accredited with 'A++' Grade by NAAC, CGPA 3.65/4, Category I by UGC
Coimbatore-641 043, Tamil Nadu, India

Continuous Internal Assessment Test II – October 2025

Class : II BPEd
Major : Physical Education

Duration: 2 hrs
Max Marks: 60

23BPDEIA – Olympic Movement

Course Outcomes

- CO1: Know historical background of their adopted country's sports and cultural practices and find out how these have developed over time
CO2: Demonstrate understanding and affirmation of Olympics Ideals and logos
CO3: Know the different working organisations and federations of the various sports and games and gain knowledge about special olympics
CO4: explore the attitudes and values of the curriculum which correspond to the universal ethics of Olympism and critically analyse these attitudes and values.
CO5: Appraise, adapt, and use physical activities to ensure that specific social and cultural needs are met.

Part A

6x1=6

Circle the right answer

1. Coubertin's famous dicta 'Sports for All : All for Sports?' CO1K1
a) 1928 b) 1932
c) 1934 d) 1938
2. Illustrate the reason for the flame to be lit in Greece CO1K3
a) tradition b) rule
c) policy d) order
3. The national anthem of the gold medalist's country is played during CO2 K2
a) Inauguration b) valedictory
c) medal ceremony d) Athlete's introduction
4. In which year India participated for the first time in olympics CO2 K1
a) 1896 b) 1900
c) 1904 d) 1908
5. Relate why Coubertin is considered as father of Olympics as he is CO2K2
a) rich b) a founder
c) a wrestler d) a participant
6. In which year women for the first time participated in summer Olympics CO2K2
a) 1896 b) 1900
c) 1904 d) 1908

Part B

Answer either a or b. Answer not exceeding 200 words or 1 page 3x6=18

7. a. List the IOC's three Olympic Ideals? CO1K1
Or
- 7 b. Record the place where 2028 Olympics is going to conduct and write its significance CO3K3
8. a Sketch a Olympic flag and write its significance? CO2 K2
Or
- 8 b. State any five Olympic villages and its significance CO3 K
9. a Point out the values Olympic torch and symbol. CO2K4
Or
- 9 b. Infer Olympic motto and oath. CO3K2

Part C

Answer should not exceed 600 words or 3 pages

3x12=36

10. a. Elucidate the protocols of inauguration ceremony in summer olympics ? CO2K4
(or)
- 10b. Enumerate the code of conduct of valedictory ceremony and Prize distribution ceremony CO1K3
- 11.a. Indian women's performance in Olympics - Infer. (or) CO1K5
- 11b. "Sport is part of every man and woman's heritage and its absence can never be compensated for."
- Justify Baron Pierre de Coubertin's statement. CO3K6
12. a. Interpret the fundamental principles of olympism?