



Muniraj

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – December 2023 V Semester

Class : III UG
Major : Physical Education

Time : 3 Hours
Max. Marks : 100

21BPEC20 Theory of games and sports – V (Basketball and Hockey)

Course Outcomes:

1. Outline the Basketball Long-Term Player Development Model, specifically how it relates to young players
2. Identify the fundamental movement and basic technical skills of basketball and hockey to include multi-directional movement and footwork, perceptual abilities, passing, dribbling, shooting, rebounding, offensive and defensive stance.
3. Explain basic tactical elements of basketball and hockey to include movement without ball, spacing and principles of the game
4. Apply the lifestyle, health related and fitness components that are involved the game of basketball and hockey
5. Display a working knowledge, roles and basic responsibilities of the coach in Practice.

Part A

10 x 1 = 10

Choose the Correct Answer

- | | | |
|--|--|-------|
| 1. Who invented basketball?
a. Dr. James Naismith
c. Michael Jordan | b. Dr. Martin Luther King Jr
d. Leborn James | CO2K2 |
| 2. Each half in a hockey game consist of?
a. 30 mins
c. 40 mins | b. 35 mins
d. 25 mins | CO1K1 |
| 3. Kicking basketball is what kind of foul?
a. Personal foul
c. Technical fouls | b. Flagrant foul
d. None of the above | CO3K4 |
| 4. The distance between the penalty spot and the goal is?
a. 6 yds
c. 8 yds | b. 7 yds
d. 5 yds | CO3K2 |
| 5. A free throw is worth
a. 2 Points
c. 5 Points | b. 3 Points
d. 1 Points | CO2K2 |
| 6. What is the height of the basketball hoop?
a. 10 Feet
c. 12 Feet | b. 9 Feet
d. 11 Feet | CO3K3 |
| 7. The number of the players in the field hockey?
a. 9
c. 11 | b. 10
d. 12 | CO1K1 |
| 8. What is the highest governing body of basketball?
a. Euro League
c. FIBA | b. NBA
d. None of the above | CO1K1 |
| 9. When does a player go to the penalty box?
a. When he gets a yellow card
c. When he gets a green card | b. When he gets a red card
d. None of the above | CO2K2 |
| 10. Which player is allowed to touch the ball with his feet during a hockey match?
a. Centre forward
c. Defender | b. Goal keeper
d. Winger | CO3K5 |

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. Write notes on the history of basketball in India. CO2K2
(or)
- 11.b. Discuss the origin of hockey. CO1K1
- 12.a. Draw a neat diagram of basketball court and write the uses of team foul markers? CO2K2
(or)
- 12.b. Explain and draw the backboard support structure of basketball board. CO2K2
- 13.a. Discuss defensive and offensive mechanisms in basketball. CO3K3
(or)
- 13.b. Write any two lead-up activities for hockey. CO4K5
- 14.a. Briefly explain the system of play in basketball. CO5K4
(or)
- 14.b. List down the fouls in hockey. CO3K3
- 15.a. Write how to handle the hockey score sheet. CO5K4
(or)
- 15.b. Write down the duties of basketball officials. CO4K3

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or two pages

- 16.a. Explain the Origin, History and Development of basketball. CO1K1
(or)
- 16.b. Explain the history and development of hockey in India. CO1K1
- 17.a. Enumerate the international and national governing bodies of Basketball. CO2K2
(or)
- 17.b. Enumerate the different court zones in basketball court and equipment. CO2K2
- 18.a. Explain the different types of passing in hockey. CO3K3
(or)
- 18.b. Explain the varieties of dribbling and shooting in basketball. CO3K3
- 19.a. Explain the rules and regulations of the game Hockey. CO2K2
(or)
- 19.b. List down and explain the violations and fouls in basketball. CO3K3
- 20.a. Explain the duties of officials in hockey. CO2K2
(or)
- 20.b. Explain the mechanism of officiating and official signals in basketball. CO2K2
