

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University under Category A by MHRD, Estd. u/s 3 of UGC Act 1956)

Re-accredited with A+ Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

Bachelor of Physical Education Degree Examination – July 2020
IV Semester

Class : II B.P.Ed.

Time : 2 Hours
Max. Marks : 50

18BPDC27 Theory of Sports and Games

Course Outcomes:

- CO1: Know the fundamental of all the games and sports
CO2: Understand the rules of all the games and sports
CO3: Preparing the students for the competition
CO4: Classify the students accordingly for various games and sports
CO5: Design and practice the new methods of technique and training

Part A

10 X 1 = 10

Choose the Correct Answer

- | | | |
|--|---|--------|
| 1. Weight of the women javelin is
a. 500gm
c. 700gm | b. 600gm
d. 800gm | CO1 K1 |
| 2. Weight of the softball is
a. 176 to 198 g
c. 176 to 197 g | b. 177 to 198 g
d. none of the above | CO2 K1 |
| 3. Hit wicket is the term used in
a. chess
c. hockey | b. cricket
d. none of the above | CO2 K2 |
| 4. In basketball a substitute report before entering the game is to
a. umpire
c. referee | b. scorer
d. coach | CO1 K2 |
| 5. To start a handball competition atleast _____no. of players are required.
a. 5
c. 7 | b.6
d.8 | CO3 K3 |
| 6. The length of tennikoit court is
a. 10 m
c. 20 m | b. 30 m
d. 40m | CO3 K1 |
| 7. The game in kho-kho shall be started by
a. referee
c. scorer | b. time – keeper
d. umpire | CO3 K1 |
| 8. Number of substitutes for a Volleyball game is
a. 5
c. 6 | b. 8
d. 7 | CO4 K2 |
| 9. The grip on the sole of a football boot is known as
a. grip
c. stud | b. cleats
d. nails | CO4 K2 |
| 10. Measurement of the throw ball court is
a. 40 × 60 ft
c. 50 × 40 ft | b. 60 × 40 ft
d. 40 × 20 ft | CO5 K2 |

Answer any three of the following

Each answer should not exceed 400 words or two pages

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|--|--------|
| 11. Lay out the javelin sector and mention the specification. | C03 K1 |
| 12. Explain the techniques of grip and carry in pole vault. | C03 K2 |
| 13. Explain the duties of official in basketball. | C04 K2 |
| 14. Describe any four skills in cricket. | C04 K2 |
| 15. Describe the duties of officials in Hockey. | C02 K2 |
| 16. Explain various skills in tennikoit. | C02 K2 |
| 17. Write about the duties of officials in kabaddi. | C01 K2 |
| 18. Write the scoring system in kho-kho. | C01 K2 |
| 19. List out the duties of scorer in tennis and prepare model score sheet. | C03 K4 |
| 20. Write briefly any two ruler interpretations in football. | C04 K3 |

Part C

2X11=22

Answer any two of the following

Each answer should not exceed 800 words or four pages

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|---|--------|
| 21. Enumerate the history and development of the badminton in India. | C03 K2 |
| 22. Draw a neat diagram of 400mts track and mark 4 × 100 relay exchanges for 80 mts straight. | C03 K2 |
| 23. Explain various types of skills and drills practices in ball badminton. | C04 K1 |
| 24. Briefly explain the rules and regulations in Basketball. | C04 K1 |
| 25. Draw a neat diagram of hockey court with all measurement. | C05 K1 |
| 26. Explain the various techniques of handball. | C02 K1 |
| 27. Explain the history and development of kho-kho in India. | C02 K2 |
| 28. List out all the laws in kabaddi and briefly explain any four in detail. | C01 K2 |
| 29. Explain any five rules and interpretations in tennis. | C02 K1 |
| 30. Draw a neat diagram of football field with all measurements. | C03 K2 |
