



Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with A++ Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Continues Internal Assessment – I - February 2025
Semester VI

Class : III B.Sc
Branch : Physical Education

Time : 2 Hours
Max. Marks : 60

21BPEC30 - Theory of Games and Sports-VI (Volleyball and Softball)

Course Outcome:

- CO1. Students are able to apply personal skills (including serving, overhand passing, underhand passing, spiking and blocking) in modified games.
CO2. Provide opportunities for students to make self and peer assessment to enhance collaborative learning.
CO3. Understanding of the teaching/coaching techniques.
CO4. Expertise in teaching basic skill and advanced skill in softball.
CO5. Creates Opportunity to officiate in different tournaments.

Part A

6 x 1 = 6

Choose the Correct Answer

1. How many innings are there in a softball game? CO1K1
a). 9 innings b). 7 innings c). 5 innings d) 10 innings
2. what was the original name of volleyball? CO2K1
a). Lacrosse b) volleyball c) Mintonetle d) net volley
3. What position on the field stands between second and third base? CO1K2
a) Pitcher b) Shortstop C) Outfielder d) Catcher
4. who created the game of volleyball? CO1K2
a) John A. Belstrad b) William G. Morgan c) Elijah C. Campwood d) John Mickel
5. How many people are each team in volleyball court? CO2K2
a) 5 b) 10 c) 6 d) 7
6. what is the number of time a team can hit a ball without passing it over the net? CO3K2
a) 1 b) 4 c) 4 d) 3

Part B

3 x 6 = 18

Answer ALL questions

Each answer should not exceed 400 words or two pages

7. a) Brief about the history of Volleyball CO1K1
(or)
7. b) Write the brief history of Softball CO2K2
8. a) Define the technical terms in volleyball game CO2K1
(or)
8. b). Describe the technical terms in softball CO1K2
9. a) Write the measurement of pole, net and antennae in volleyball CO2K1
(or)
9. b) Write are the player equipments in volleyball CO2K2
(or)
9. b) What are 3 offensive strategies in volleyball? CO2K3

Part C

3 x 12 = 36

Answer ALL questions

Each answer should not exceed 800 words or four pages

10. a) Draw a neat diagram of a Softball Pitch with all its measurements CO1K1
(or)
10. b) Draw a neat diagram of a volleyball with all its measurements CO1K2
11. a) Write about the players Positions in the volleyball CO2K2
(or)
11. b) Describe the origin and development of volleyball in India CO2K1
(or)
11. b) Explain about the importance of passing in volleyball CO2K2
12. a) Describe the origin and development of softball in India CO1K3
(or)
12. b) Give a Explanation Of The 5-1 and 2-4 Volleyball Rotation with diagram CO2K3

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