



Murugan.

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with A++Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Continues Internal Assessment Test II –April 2023
VI Semester

Class : III B.Sc
Branch : Physical Education

Time : 2 Hours
Max. Marks : 60

18BPEC29 - Traditional Games of India

Course Outcomes:

- 1.Appreciate the Influence of Traditional Games in the Indian Culture
2. To give students an opportunity to explore and play Indian Traditional Games
3. To be able to work as a team and engage in fair play
- 4.Improves precision ability, and hence enhances concentration.
- 5.Improves aim and focus.

Part A
Choose the Correct Answer

6 x 1 = 6

1. The leaning temple of Huma is dedicated to which Hindu god? CO2K3
a) Shiva b) Rama c) Hanuman d) Krishna
2. The most prominent feature of which architecture was the improved drainage system. CO3K3
a) Harappan b) Vedic c) Mauryan d) Gupta
3. Which is the classical dance of Kerala? CO2K3
a) Kolattam b) Mahasu c) Mohiniyattam d) Kuchipudi
4. Dev Deepawali is celebrated in which part of India? CO3K4
a) Kashmir b) Patna c) Varanasi d) Surat
5. Which of the following instruments was used in Carnatic Music? CO3K5
a) Harmonium b) Dholak c) Mridangam d) Kartal
6. Match the Columns CO4K5

1.	Kaana Moochi	a. Spinning top
2.	Pitthoo Garam	b. Hopscotch
3.	Hu-Tu-Tu	c. Marble
4.	Kith-Kith	d. Seven Stone
5.	Lattoo	e. Hide and Seek
6.	Kancha /Goli	f. Kabaddi

Part – B

3 X 6 = 18

Answer should not exceed 400 words or One Page

- 7.a) Explain about the regional sports in Tamilnadu CO3K3
(or)
- 7.b) Explain the various techniques of sword fighting techniques CO4K4
- 8.a) Define Ancient and modern period CO3K4
(or)
- 8.b) Describe the game of Archery CO4K3
- 9.a) Briefly explain the Agni purana. CO4K5
(Or)
- 9.b) Describe the importance of Wrestling CO4K5

Part – C

Answer the following

3 X 12 = 36

Answer should not exceed 800 words or one page

- 10.a) Explain about the silambam history, types & objectives CO3K3
(or)
- 10.b) Describe the Rules and Regulation of Kickboxing CO3K4
- 11.a) Briefly explain the following games CO3K3
(i) jallikattu (ii) seval sandai (iii) rekalarace
(or)
- 11.b) What are the 3 periods of Indian history? Explain the Medieval India. CO3K4
- 12.a) list out the Indian games for Kids and online traditional games. CO4K4
(or)
- 12.b) Describe the modified traditional games for special students CO4K5

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Staff in –charge : Mrs.V.Preethi