

**Avinashilgam Institute for Home Science and Higher Education for Women,
Coimbatore – 641 043**

Continuous Internal Assessment Test I – February 2019

**Class : III UG
Major : Bachelor of Physical Education**

**Time : 2 Hrs.
Max Marks: 60**

15BPPEC30 – Theory of Games and Sports – VI (Volleyball & Softball)

Part – A

Circle the Correct Answer 5X 1 = 5

1. The term Volleyball is derived by
a. William G Morgan b. Minton c. James Naismith d. Mintonnette
2. Number of substitute in volleyball game
a. 5 b. 6 c. 7 d. 8
3. The first world cup of Volleyball for men was held in the year
a. 1939 b. 1949 c. 1959 d. 1960
4. Weight of the softball
a. 180-200grm b. 175-200grm c. 185-195grm d. 160-195grm
5. Numbers of players in softball
a. 9 b. 7 c. 10 d. 8

Part – B

Answer the following in two or four lines

5 X 2 =10

6. What is the objective of the game Volleyball?
7. List out the world competitions in Volleyball.
8. Write about the specification of Volleyball?
9. Write the specification of bat in softball.
10. Specification of Home Plate in Softball

Part – C

Answer the following

Answer in two pages or do not exceed 200 words

3X5=15

11. a. Write about the growth of Volleyball in India.
Or
b. What is Front Zone, Service Zone, Substitution Zone, Libero Replacement Zone and Penalty area.

12. a. Write about the Five ball Officiating System in Volleyball.

Or

b. Draw the batter box with all its measurements

13. a. Write the Origin and development of softball in India

Or

b. Mark the fielders position in softball field

Part - D

Answer the following

Answer in Four pages or do not exceed 700 words

2x15 = 30

14. a. Draw a neat diagram of Volleyball court and with its specification

(Or)

14. b. Write about the history, origin and worldwide development of the game Volleyball.

15. a. Draw a neat diagram of Softball field with all its measurements

(Or)

15. b. Write about the history of softball.