

Avinashilingam Institute for Home Science and Higher Education for women
Coimbatore – 641 043

Continuous Internal Assessment Test I – August 2018

Class : I BPEd

Time : 2 hours

Major: Physical Education

Max.marks :60

18BPDE1X - Health Education and Environmental Studies

Course Outcome

1. Explain the history and philosophy of public health as well as its core values, concepts, and functions across the globe and in society
2. Identify the methods, and tools of public health data collection, use, and analysis
3. Relate the underlying science of human health and disease to opportunities for promoting and protecting health across the life course.
4. Identify the socio-economic, behavioral, biological, environmental, and other factors that impact human health and contribute to health disparities.
5. Apply the principles of project implementation, including planning, assessment, and evaluation in organizational and community initiatives.

PART – A

Circle the Correct Answer

1. Define a communicable disease

5x1=5

- (a) A disease that has a long duration and is not easily cured
- (b) A disease that can be spread from one person to another
- (c) A disease that is publically and scientifically understood
- (d) A disease that is related to eating and drinking

C/ K1

2. Name the disease caused by the deficiency of iron

2K1

- (a) Osteomalacia (b) Hyperkeratosis (c) Anaemia (d) Pellagra

3. Identify the part of Health Education

K1

- (a) Education (b) Elementary Education
- (c) Physical Education (d) Integrated Education

4. State the Health means

C/K1

- (a) Physically fit of an individual (b) Mentally Health of an individual
- (c) Total well-being of an individual (d) None of the above

5. Define Physical dimension of health deals _____ C1 K1
(a) Heaving good physique (b) Well structured and strong body parts
(c) Good textures (d) All the above

PART - B

Answer the following in one or two sentence

5x2=10

6. Define :- Health education C1 K1
7. Tabulate the meaning of Health Education C2 K1
8. Define : Environmental Studies C1 K1
9. Define First Aid C1 K1
10. List any two Non – Communicable diseases C1 K1

PART - C

Answer the following (one page)

3x5=15

11. (a) Explain the principles of Health Education (or) C1 K3
(b) Describe about the school health service C4 K2
12. (a) Write a notes on Environmental Sanitation (or) C2 K3
(b) Explain the concept of Health Education? C1 K3
13. (a) Explain the need and important of Health Services (or) C1 K3
(b) Describe the Contemporary health problems in youth. C2 K2

PART- D

Answer the following (six pages)

2x15=30

14. (a) Illustrate the difference between the Communicable and non-Communicable diseases? (or) C8 K3
(b) Enumerate the Personal and Environmental Hygiene for schools C8 K1
15. (a) Explain the Health Education and Health Supervision (or) C2 K3
(b) Explain the Role of Health Education in Schools C2 K3