



**Avinashilingam Institute for Home Science and Higher Education for Women**  
[Deemed to be University] Coimbatore-641 043

05-2X2

**Bachelor's Degree Examination – April 2019**

**IV Semester**

**Class : II UG**

**Time : 3 hours**

**Max. Marks: 100**

**15BPEC13 Movement Education and Primary Education**

**Part-A**

**10 x 1=10**

**Choose the correct answer**

1. The aim of movement education is
  - a. Physical competence
  - b. Education
  - c. Society
  - d. eliminations
2. Which is the even rhythmic movement?
  - a. Hopping
  - b. Skipping
  - b. Galloping
  - d. Sliding
3. Which of the following is manipulative skill?
  - a. Jumping
  - b. Running
  - b. Hopping
  - d. Throwing
4. Locomotor movement is
  - a. Adapted
  - b. Structure
  - b. Primary
  - d. Learning
5. Aerobic dance helps to develop
  - a. Endurance
  - b. Agility
  - b. Strength
  - d. Speed
6. Height is measured by
  - a. Goniometer
  - b. Stadiometer
  - b. Spirometer
  - d. Ergometer
7. The term Horizontal bar is used in the following events
  - a. Athletics
  - b. Aquatics
  - b. Aerobic dance
  - d. Gymnastics
8. Spatial awareness is the ability to be aware of oneself in
  - a. Space
  - b. body
  - b. Sport equipments
  - d. movements
9. Aquatics is refer \_\_\_\_\_.
  - a. Physiotherapy
  - b. Hydrotherapy
  - b. Swimming
  - d. Rays
10. Learning experience refers to
  - a. Promotion
  - b. Infraction
  - b. Communication
  - d. Selection



5X6=30

**Part- B**  
**Answer the following**  
**Answer should not exceed 400 words or two pages**

- 11. a) Write the aim of movement education.  
(or)
- 11. b) Write the meaning and definition of movement education.
- 12. a) Write about spatial awareness.  
(or)
- 12. b) Explain Quality and Relationship of movements.
- 13. a) List down the scope of Primary Physical Education.  
(or)
- 13. b) Explain the various method of teaching approaches.
- 14. a) Explain Aquatics.  
(or)
- 14. b) List down the benefits of Gymnastics.
- 15. a) Briefly discuss about peer group influence.  
(or)
- 15. b) Explain athletics and dance.

**Part- C**  
**Answer the following**  
**Answer should not exceed 800 words or four pages**

- 16. a) Write the objectives of movement education. Why should a PE student to know about Movement Education.
- 16.b) Enumerate the innovative teaching ideas for movement education.
- 17. a) Write the analysis of movement education.  
(or)
- 17. b) Explain indirect and limitation method of teaching.
- 18. a) Write the aim and objectives of primary physical Education.  
(or)
- 18. b) List down the guide lines for good practices and learning of primary Physical Education.
- 19. a) List down the adventure activities and Explain it.  
(or)
- 19. b) Write the need and importance of Games and athletics.
- 20. a) Discuss about team play and station teaching.  
(or)
- 20. b) Explain the discovery approach for organizing the physical education classes.

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