



**Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University) Coimbatore – 641 043**

Bachelor of Physical Education Degree Examination – April 2019
IV Semester

Class : II B.P.Ed.

Time: 3 Hrs
Max. Marks: 100

15BPDC27 Theory of Sports and Games

Part - A

10 X 1 = 10

Choose the correct answer

- The length of the feathers of shuttle is
 - 6.4 to 7 cm
 - 6 to 7 cm
 - 6.2 to 7 cm
 - 6.3 to 7 cm
- Weight of the hurdles shuttle
 - not less than 15kg
 - not less than 10 kg
 - not less than 20 kg
 - none of the above
- Who is called as father of Basketball ?
 - Dr. A. Sandhi
 - James Naismith
 - H. Clarjke
 - Dorabji Tata
- An over in cricket consists of
 - 4 balls
 - 6 balls
 - 5 balls
 - 7 balls
- Weight of the hockey ball
 - 150 to 169 gm
 - 156 to 163 gm
 - 151 to 168 gm
 - 157 to 168 gm
- The game hockey shall be started by
 - Jump ball
 - Center pass
 - Toss
 - None of the above
- Diagonal distance of women kabaddi court is
 - 14.65 m
 - 14.42 m
 - 14.55 m
 - 14.54 m
- Height of the valley ball antennae above the net
 - 78 cm
 - 80 cm
 - 81 cm
 - 79 cm
- Time duration of a football match.
 - 45-15-45
 - 45-20-45
 - 45-10-45
 - 45-18-45
- Height of the tennis net at centre
 - 4 feet
 - 2.5 feet
 - 3.5 feet
 - 3 feet

Answer the following questions

Answer should not exceed 400 words or two pages

- 11. a. Explain briefly the history of soft ball.
(or)
- 11. b. List out the drills in badminton – Explain.
- 12. a. Explain briefly the duties of official in ball badminton.
(or)
- 12. b. Describe any four skills in basketball.
- 13. a. Describe about the history of tennis.
(or)
- 13. b. Explain any four skills in handball.
- 14. a. Write about the duties of official in volleyball.
(or)
- 14. b. Explain any two skills in kho-kho.
- 15. a. Describe about history of football in Tamilnadu.
(or)
- 15. b. State the scoring system in tennis.

Part - C

5 X 12 = 60

Answer the following questions

Answer should not exceed 800 words or four pages

- 16. a. Enumerate any four techniques of Softball.
(or)
- 16. b. Draw a neat diagram of 400mts standard track and mark 4x400 relay.
- 17. a. Explain various drill practices for layup in basketball.
(or)
- 17. b. Explain the rules and regulation in playing cricket.
- 18. a. Draw a neat diagram of tennis court with all measurements.
(or)
- 18. b. Explain various techniques of playing hockey.
- 19. a. Explain the history and development of Kabaddi in India.
(or)
- 19. b. Explain any four laws in volleyball.
- 20. a. Explain any five rules and interpretation in football.
(or)
- 20. b. Draw a neat diagram of throw ball court with all measurements.