

**Avinashiligam Institute for Home Science and Higher Education for Women, Coimbatore –
641 043**

Continuous Internal Assessment Test I – December 2020

Class : II BSc

Major : Physical Education

Max Marks: 30

18 BPEC08 - Sports Psychology and Sociology

Course Outcomes

CO1 : 1. Analyse a range of factors within and outside individuals which influence mind and behaviour

CO2 : Effectively develop and apply health, physical activity, and psychological principles as they relate to human performance

CO3 : Design, conduct, and evaluate research that address psychological questions

CO4 : Demonstrate effective written and oral skills in various formats and for various purposes

CO5 : Explain the major perspectives of psychology (e.g. biological, cognitive, behavioral, sociocultural, etc.)

Part – A

Answer all the questions

6X 1 = 6

1.	In Cattell's Sixteen PF questionnaire the raw score shall be converted into a) Scale Score b) Stenscore c) Norms d) Rating Scale	CO2K2
2.	Feedback is given after the performance is a) Intrinsic feedback b) Extrinsic feedback c) Concurrent feedback d) Terminal feedback	CO1K1
3.	The nature of stimulus determines a) Individualism b) Behaviour c) Democracy d) Acquired traits	CO1K6
4.	Play is a natural unfolding and the germinal leaves of childhood stated by a) Froebel b) Park and Burgees c) Kimball young d) John W. Bennet	CO3K3
5.	The word Cooperation is a type of a) Social Interaction b) Social reaction c) Individualisation d) All the above	CO2K2
6.	Sports provides ample evidence for a) Tension management b) Integration c) Systematic linkages d) All the above	CO5K3

Part – B

Answer any two questions and it should not exceed 400 words

2 X 6 = 12

7.	Define learning and explain different types of learning?	CO2K2
8.	Describe the laws of learning and learning curve?	CO1K4
9.	Define Sociology and explain its nature and scope of sports sociology?	CO2K6

10.	Describe Leadership Qualities?	CO4K4
Part – C		
Answer any one and it should not exceed 800 words		1 X12=12
11	Explain the causes and types of Individual differences?	CO6K6
12	Justify sports as an Institutionalizing agency and socializing Institutions?	CO4K4