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Avinashilingam Institute for Home Science and Higher Education for Women
Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD (now MoE)
Re-accredited with A++ Grade by NAAC. CGPA 3.65 /4, Category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

Bachelor of Physical Education Arrear Examination – April 2026
I Semester

Batch : 2025
Programme : B.P.Ed.

Time : 3 Hours
Max. Marks : 100

23BDCS01 Communication Skills

Course Outcomes:

- CO1: Improved competence in oral and written communication
- CO2: Preparedness and ability to respond to various situations effectively
- CO3: Refined use of language in written communication
- CO4: Enhanced understanding of professional use of English language
- CO5: The ability to practice self-directed learning

Part A

25 x 1 = 25

Choose the Correct Answer

1. What are visual aids in public speaking?
a. The Audience's Facial Expressions b. Gestures made by the speaker
c. The speaker's way of communicating d. Slides, Charts, Videos Or Props
2. For communication to be considered "effective", the message must be understood by the receiver,
_____ and _____.
a. repeatedly and loudly b. clearly and accurately
c. falsely and incorrectly d. calmly and loudly
3. The HR manager called Sarah into the office to inform her that because the company was losing money, her position was being eliminated. The company had to _____ Sarah.
a. set up b. turn down c. lay off d. follow up
4. Which of the following helps in making better decisions during problem solving?
a. Jumping to conclusions b. Ignoring facts and data
c. Relying only on personal opinions d. Gathering and analyzing relevant information
5. The _____ of your voice can indicate sarcasm, anger, affection or confidence.
a. delivery b. tone c. application d. Size
6. _____ technique implies 25 minutes work and 5 minutes break.
a. Eat the frog b. Pomodoro c. Time boxing d. Time blocking
7. "Paraphrasing" as an active listening tool means:
a. Repeating the speaker's words exactly like a robot
b. Ignoring the speaker's main point
c. Restating what the speaker said in your own words to show understanding
d. Interrupting the speaker to tell your own story
8. Picture Comprehension is defined as the ability to
a. interpret information conveyed through visual images
b. memorize a series of images
c. decode the sounds of letters in a caption
d. draw illustrations based on a story
9. _____ way of communicating advises the speaker to be kind while communicating.
a. Courageous b. Courteous c. Confident d. Concise
10. How can public speakers create rapport with the audience?
a. Avoiding eye contact with the audience b. speaking in a monotone voice
c. Sharing personal stories and experiences d. Using complex language and jargon
11. _____ is a range of non verbal signals that you can use to communicate your feelings and intentions.
a. Body language b. Brainstorming c. Discussion d. Debate

12. The _____ of the flower is good and it costs only one _____.
- a. Sent / Cent b. Scent / Cent c. Scent / Sent d. Cent / Scent
13. In a debate, the duty of the parties is to present their arguments in such a way that they are able to convince the _____.
- a. opposite party b. media c. co-speaker d. judge
14. What kind of body language should be avoided during a presentation?
- a. Making eye contact b. Gesturing naturally
c. Hands in pockets and fidgeting d. Maintaining good posture
15. A student reads "The **fair** lady went to the **fair** to see if the prices were **fair**." These three bolded words are _____.
- a. Homonyms b. Homophones c. Anagrams d. Palindromes
16. In Brainstorming, the person "running the show" is referred to as a _____.
- a. Skilled moderator b. Facilitator c. Participant d. observer
17. According to "Hans's Horse Sense," what should you do while expressing yourself in a conversation?
- a. Focus only on your own words
b. Close your eyes to concentrate
c. Monitor the listener's reaction to what you are saying
d. Speak as fast as possible to save time
18. In the sentence, "Take a map *in case* you get lost," the linking word is used to: _____.
- a. Show a result of an action b. Sound out an unfamiliar word
c. Express a relationship of preparation for a possibility d. Compare two identical objects
19. _____ involves communicating purposeful information before a large audience in order to inform, influence or entertain a group of listeners.
- a. Public speaking b. Small talk c. Verbal communication d. Casual conversation
20. How does effective communication specifically benefit a workplace environment?
- a. It limits the need for meetings
b. It ensures everyone uses the same digital platform
c. It fosters understanding, collaboration, and productivity
d. It discourages the use of visual aids
21. Effective decision-making requires a balance of _____ and _____.
- a. logical and practical ideas b. speed and authority
c. intuition and guesswork d. narrow information and scattered thoughts
22. Leo's boss has been mentoring him and gave him a significant raise. However, Leo has started speaking poorly about his boss to the rest of the staff. Leo is _____.
- a. beating around the bush b. being on the ball
c. paying an arm and a leg d. biting the hand that feeds him
23. Which type of debate has a short preparation time?
- a. Team Policy b. Cross Examination c. Spontaneous d. Public forum
24. What is the main goal of focused discussion?
- a. To generate random ideas b. To prepare for an exam
c. To improve existing ideas d. To resolve conflict
25. If you are at a crowded event and wearing a unique vintage watch to start conversations, which rule are you following?
- a. The Swiveling Spotlight. b. Always wear a "Whatzit"
c. Your Personal Thesaurus. d. Comm-you-nication

Answer ALL questions

Each answer should not exceed 200 words or two pages

26. a. Outline the basics of debate.
(or)
26. b. Define communication. Explain the communication process with its seven elements.
27. a. What is reading comprehension? Explain its main elements.
(or)
27. b. A student prepares slides at the last minute and feels nervous during the presentation. Suggest some ways to give an effective presentation.
28. a. Explain the importance of non-verbal communication in effective communication.
(or)
28. b. Take an episode from one of your favorite television shows. Analyze it carefully. What did it reveal about the characters? What was the mood of the scene? Now write a scene of your own for the same with dialogues.
29. a. Why active listening is important in workplace? Mention its benefits.
(or)
29. b. Write any five DO's and DON'Ts of debate.
30. a. Describe in detail the steps involved in problem solving and decision making.
(or)
30. b. Give a brief note on time management techniques for better productivity.
31. a. Analyze how the five principles of public speaking help create a lasting impression on the audience.
(or)
31. b. Ever since humans have inhabited the earth, they have made use of various forms of communication. Generally, this expression of thoughts and feelings has been in the form of oral speech. When there is a language barrier, communication is accomplished through sign language in which motions stand for letters, words, and ideas. Tourists, the deaf, and the mute have had to resort to this form of expression. Many of these symbols of whole words are very picturesque and exact and can be used internationally; Spelling, however, cannot. Body language transmits ideas or thoughts by certain actions, either intentionally or unintentionally. A Wink can be a way of flirting or indicating that the party is only joking. A nod signifies approval, while shaking the head indicates a negative reaction. Other forms of non-linguistic language can be found in Braille (a system of raised dots read with the fingertips), signal flags, Morse code, and smoke signals.
- Road maps and picture signs also guide, warn, and instruct people. While verbalization is the most common form of language, other systems and techniques also express human thoughts and feelings.
- (a) Which of the following best summarizes this passage?
 (i) When language is barrier, people will find other forms of communication.
 (ii) Everybody uses only one form of communication.
 (iii) Non-linguistic language is invaluable to foreigners.
 (iv) Although other forms of communication exist, verbalization is the fastest.
- (b) All of the following statements are true EXCEPT
 (i) There are many forms of communication in existence today
 (ii) Verbalization is the most common form of communication
 (iii) The deaf and mute use an oral form of Communication
 (iv) Ideas and thoughts can be transmitted by Body language
- (c) The word 'wink' in the passage means
 (i) Close one eye briefly
 (ii) Close two eyes briefly
 (iii) Bob the head up and down
 (iv) Shake the head from side to side

- (d) People need to communicate in order to
- (i) Create language barriers
 - (ii) Keep from reading with their fingertips
 - (iii) Be picturesque and exact
 - (iv) Express thoughts and feelings

(e) Give a suitable title for this passage.

Part - C

3 x 15 = 45

Answer ALL questions

Each answer should not exceed 800 words or four pages

32.a. Explain presentation skills in detail, including preparation, coping with nerves, and the 5Ps of Presentation.

(or)

32.b. Give a detailed account on vocabulary enrichment techniques such as homonyms, homophones, Anagrams, palindromes, linking words, phrasal verbs, and idioms with examples

33.a. Enumerate in detail about the basics, elements, and types of debate.

(or)

33.b. Compare brainstorming and focused group discussion. Discuss the do's and don'ts of Group Discussion.

34.a. Discuss the 7Cs of communication in detail. How do they contribute to professional success? Give an example.

(or)

34.b. "Good communication is not only about speaking well but also about understanding others." Justify this statement with reference to effective communication techniques.
