

**Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University) Coimbatore – 641 043**

Bachelor of Physical Education Degree Examination – November 2018

III Semester

Class : II B.P.Ed.

Time: 3 Hrs
Max. Marks: 100

15BPDC17 Sports Psychology and Sociology

Part – A

10 X 1 = 10

Choose the Correct Answer

1. The pleasure principle drives which of Freud's personality aspects ?
 - a. Ego
 - b. Id
 - c. Superego
 - d. Anal personality
2. The leader who allows complete freedom in decision making and do not participate in the group activities is
 - a. Autocratic
 - b. Democratic
 - c. Laissez fair
 - d. none of the above
3. Which of the following is not an attribute of agreeableness personality dimension ?
 - a. Altruism
 - b. Complexity
 - c. Trust
 - d. Modesty
4. Which law of learning states that things most often repeated are best retained ?
 - a. Law of readiness
 - b. Law of exercise
 - c. Law of effect
 - d. Law of recency
5. Stress is
 - a. Advantageous to the player
 - b. Detrimental to his abilities
 - c. Both advantageous and detrimental as per the situation
 - d. None of the above
6. Mental development includes
 - a. External and internal organs
 - b. reasoning and thinking
 - c. Ethical and moral
 - d. emotional maturity
7. Educational Sociology deals with which aspect of education ?
 - a. Social
 - b. Political
 - c. Economic
 - d. Psychological
8. In early childhood, family members are generally responsible for the process of
 - a. Primary socialization
 - b. secondary socialization.
 - c. Subculture socialization
 - d. adult socialization
9. Culture is
 - a. The characteristics and products of the learned behavior of a group of people
 - b. The sum total of feelings of the people of a group
 - c. The totality of the inter-relationships of the people of a group
 - d. The totality of mutual understandings of the people of a group
10. Field Study method is the method of
 - a. Laboratory Observation
 - b. Situational Observation
 - c. Naturalistic Observation
 - d. Occasional Observation

Answer the following questions

Answer should not exceed 400 words or two pages

11. a. What are the types of individual difference? Explain.
(or)
11. b. Write the importance, and scope of sports psychology.
12. a. Write about personality and their sports performance.
(or)
12. b. Write about the nature of the learning.
13. a. Nature of motivation- Explain Briefly.
(or)
13. b. Write about imaginary mental preparation strategies life style ?
14. a. Write about primary and remote group
(or)
14. b. What is socialization through physical education ?
15. a. Write about importance of culture in physical education
(or)
15. b. Explain about questionnaire methods of studying.

Part – C

5 X 12 = 60

Answer the following questions

Answer should not exceed 800 words or four pages

16. a. Explain in psycho-sociological aspects of human behavior in relation to physical education and sports.
(or)
16. b. Explain the general characteristics growth and development.
17. a. Briefly explain any four types of learning.
(or)
17. b. Write about the need and importance of sports psychology in physical education.
18. a. Explain the meaning and nature of stress and its effect on sports performance.
(or)
18. b. Explain motivation technique and its impact on sports performance in physical education.
19. a. Explain the relationship between social science and physical education.
(or)
19. b. Enumerate about the traditional sports and physical education.
20. a. Explain the different methods of studying observation/ inspection.
(or)
20. b. Explain the importance of culture and their effects of culture on people life style